"Terrigal Public School’s newsletter contains paid advertisements, which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education and Communities or Terrigal Public School."

AFL PAUL KELLY CUP TEAMS
<table>
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<tr>
<th>MONTH</th>
<th>MONDAY</th>
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<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<td>P &amp; C Meeting 7pm</td>
<td>Swans Visit</td>
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<td>FEBRUARY</td>
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<td>Surf Fun Day</td>
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<td>Boys Cricket</td>
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<td>Swimming Carnival</td>
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<td>T/L Swimming Carnival</td>
<td>Sydney North Basketball Trails</td>
<td>TL AFL Trials</td>
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<td>TL League Trials</td>
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<td>P&amp;C AGM 7PM</td>
<td>Girls Cricket</td>
<td>Ride to School Day</td>
<td>SCHOOL PHOTOS</td>
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<td>MARCH</td>
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<td>Sydney Nth Swimming Carnival</td>
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<td>Young Leaders Day</td>
<td>School Disco</td>
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<td>Easter Raffle Draw</td>
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P & C AGM

This Monday our P & C Association will hold their Annual General Meeting. At the AGM the new executive team for 2014 will be elected.

The P & C is the parent representative body within the school. Their role is to provide input into the direction of the school, provide feedback to the school executive and support school programs through fundraising. All parents/caregivers are encouraged to attend.

School Photos

Don’t forget school photos next Thursday. It is important that all students are in summer uniform (no sports uniform) including correct shoes. Please ensure photo envelopes have been returned.

Thanks Lizotte’s Restaurant

Thank you to Brian Lizotte, owner of Lizotte’s restaurant in Avoca Valley, for generously loaning us the restaurant’s bus to allow students from the support unit to attend riding for the disabled lessons at Somersby.

Please support our local businesses that are so willing to help our school.

Changes to Busways Bus Service – School Bus 1

Commencing Monday 24th March 2014, there will be a change to School Bus 1 from Terrigal Public School at 3:08pm to Wamberal.

Please note: School Bus 1 will depart Terrigal Public School at 3:03pm (5 minutes earlier) and operate 5 minutes earlier throughout the entire journey.

There are no changes to the route instructions.

There are no changes to the morning services.

For further information please contact Kincumber Depot on 43682277 or visit the Busways’ website at www.busways.com.au

Bookpacks

Thank you to the many people that have paid for their bookpacks for 2014. Each bookpack provides all of the key workbooks that students need for the year.

Payments can be made at the school office.

Kindergarten - $ 45
Stage 1 - $ 40
Stage 2 - $ 45
Stage 3 – $ 30

Next Working Bee – 29th March

Our next working bee will be held on Saturday 29th March from 8am to 4pm. At this working bee we hope to undertake a number of additional projects around the school to continue the ongoing improvements to the physical environment.

These projects include installing football posts on the oval, replacing some retaining walls, repairing some brick work, weeding and improving some gardens as well as continuing our work on the slides in the top playground.

We will be looking for some volunteer parents to take the lead on particular projects. More detail in next week’s newsletter.

Michael Burgess
Principal
MERIT AWARDS

Team 3

6B  Jay Panopoulos
    Max Macfie

6C  Lilli Craig
    Izaac Day

6H  Sean Mulqueeny
    Maraya Corse-Scott

5/6L Charlotte Denniss
    Hannah Snelling

5K  Finn Buchanan
    Keaarn Aitken

5N  Jake Hansen
    Catrin Donnelly

4-6K Abigail Mann

Team 2

4CR  Kyan Dickens
    Kevin Wu

4D  Amelia Ulbricht
    Ryan Marriott

4G  Matthew Patterson
    Jack Collins

3/4W Gilbert Johnston
    Jett Steer

3D  Beth Yates
    Maceo Howes

3H  Isabela McNalley
    Kobi Melverton

3L  Tamzin Jaksich
    James Drennan

3-6H Bryce Armstrong

Team 1

2D  Jada Fowler
    Hawaiki Gardiner

2H  Grace Green
    Jai Polsomsai

2K  Jaide Bull
    Jake Gillard

2P  Jessica Corey-Smith
    Corey Craig

1/2J Kirra John
    Sunni Pace

1A  Koby Bullen
    Sienna Pitcher

1H  Portia Roberts
    Jai Bambach

1K  Millie Tolman
    Zac Scully

1M  Isla Praine
    Hugh Drennan

K-4M Lara Tancred

Kindergarten

KG  Jaime West
    Jimmy Kirk

KH  Harrison Coughlin
    Charlie Le Marquand

KM  Alyssa Neilsen
    Cooper Clark

KS  Maggie Wu
    Ben Schultz

KW  Mahlia Pollington
    Kalani Praine

CITIZEN OF THE WEEK

The Citizen of the Week this week is Dylan Heinze from 6H.

Dylan is a reliable, cheerful pupil who has a positive attitude to school life and strives to achieve in all areas of the curriculum. He consistently upholds the values of Terrigal Public School with pride, enthusiasm and commitment. Well Done Dylan!
CITIZEN OF THE WEEK

The Citizen of the Week this week is Luca Moratti from 1A.

Luca is an outstanding role model for his peers and he always follows Terrigal Public School rules. Congratulations Luca!

AFL PAUL KELLY CUP

Would all of the players from the Paul Kelly Cup please stand up.

Yesterday four teams from Terrigal PS went to East Gosford to play against other schools in the AFL Paul Kelly Cup gala day. We had 2 girls teams and 2 boys teams. Terrigal 1 girls won all of their games against 3 other schools and qualified to play in the Central Coast Regional Finals day in term 2. Terrigal 2 girls showed outstanding improvement throughout the day and had some excellent players. Standout players from the girls teams were Maggie Fulcher, Zara Clark, Tamsyn Gould, Niley Lawson, Ellanor Schweiger, Jaime Sheary, Erica Gasparotto, Laycie Bourne, Allanah Pitcher and Alyssa Harris.

The boys Terrigal 1 team also won all of their games and will also be playing the in Regional Finals next term. In their last game of the day they came from 20 points behind to defeat Central Coast Adventist thanks to 3 late goals by Dylan Heinze. There were some courageous efforts by our Terrigal 2 boys team in their 3 games. For the boys teams the standout players were Dylan, Kai Borton, Jay Panopoulos, Ethan Williams, Ryan Attard, Rory Gallagher, Izaac Day, Jake Gannon and Matheus Healey.

The players had lots of fun on the day.

Ben Krisher

EASTER RAFFLE

It’s time again for our Easter Raffle!

This is one our most successful fundraisers but we need your help to make it a success.

HOW YOU CAN HELP....

- We need contributions of Easter Eggs or Easter chocolate. These donations can be of any size – large or small – any help is appreciated. Please bring them to the front office (and put them in the big box!) by Monday 31st March. There will be free raffle tickets for the families who donate the most Easter chocolate! **If you want to be eligible for the free tickets, put your Easter chocolates into a plastic bag & write your name & class on the bag before you place them into the box at the front office.

- Also, on Monday 31st March at 3pm we will be arranging the baskets for the raffle prizes. If any parents are able to offer half an hour of their time to assist with wrapping baskets of Easter chocolates please let the ladies at the office know.

HOW CAN WE BUY TICKETS?

- Tickets will be on sale each morning leading up to the day of the raffle from Wednesday 26th March, 8:30 to 9:00am outside the front office. Tickets will cost $1- each.

WHEN IS THE RAFFLE?

- Tuesday, 8th April
YOUR CANTENE NEEDS YOU!!

Canteen helpers needed to join our friendly Volunteer Team. New helpers always welcomed. Can you spare a few hours, one day a month? Split shifts available if required.

- a) 8.30am – 1.15pm (end of Lunch)
- b) 8.30am - 11.20am
- c) 11.20am - 1.15pm (end of Lunch)

(or just select any day where “Volunteers are Needed as a ONE OFF)

If you are unable to stay on the roster for 2014 or wish to swap days please let me know ASAP at the canteen on 4384 5322 or Mobile No: 0439 522 124.

Thank you

Deslee James
Canteen Supervisor

SCHOOL PHOTOS

School Photo day is Thursday, 20th March, 2014. Last week the children took home the order and payment envelopes. These will need to be returned to the front office as soon as possible, but no later than Wednesday, 19th March.

Please be aware that this is a different practice to recent years where all envelopes had to be brought in on the day of shooting. We feel that collecting the orders daily over the next 2 weeks will be more efficient.

If you are interested in ordering a family photo, special yellow envelopes are available at the front office. Just have your child pop in to request an envelope.

Thank you.

Uli Myers                        Ben Hogan
Office Manager              Acting Deputy

BOOK CLUB

Please return Book Club Orders to the office by

Friday, 14th March

Orders should have name and class on both the order and envelope. Thankyou
Terrigal Public School
PARENTS AND CITIZENS’ ASSOCIATION (P&C)

AGM

Terrigal Public School’s **AGM will be on this Monday 17th of March at 7pm.** All positions will become vacant and become available. Followed by a general P&C meeting.


**Minutes**

The last minutes can be found [http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes](http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes) - (copy and paste this URL)

**Membership**

Membership is $1 and can be paid to our Treasurer - Emma Denniss, or President - Yvette Schweiger or myself, Sally Carr in between the times of meetings, (or by placing your $1 on an envelope with your name and contact details, and handed to the office staff) but members are not deemed financial until the close of the next general meeting

If you have any questions please contact me

Sally Carr
TPS P&C Secretary
Email - sally@geecarr.net

**P&C Meeting Dates 2014**

Venue: School Staff Room Mondays 7-9pm. Entry via staff car park

<table>
<thead>
<tr>
<th>TERM</th>
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<tr>
<td>1</td>
<td>10th February&lt;br&gt;17th March - AGM</td>
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<td>2</td>
<td>12th May&lt;br&gt;16th June</td>
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<td>3</td>
<td>28th July&lt;br&gt;1st September</td>
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<td>4</td>
<td>20th October&lt;br&gt;24th November</td>
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Our P&C meetings are informal and friendly. They provide opportunities to liaise directly with the Principal about matters of general concern. You can gain voting rights at P&C meetings by paying a $1 annual membership.

**Local Business Support**

Here are two easy ways you can earn money for our school...

1) We have teamed up with our local **Aussie Farmers Direct** milkman to raise funds. Jump online to: AussieFarmers.com.au/Fundraisingoffer
   If you are already a customer you can link your account to Terrigal Public School by visiting: AussieFarmers.com.au/linkmyaccount
   OR Collect a $15 gift code from the office.

2) If you shop at **Ritchies IGA** supermarkets register (at no cost) for a Community Benefit card and link your account to Terrigal Public school, each time you shop show them your card and a percentage gets donated to the school.

**Parent Representative**

Each class at Terrigal Public School has one or two parents who are responsible for liaising with the other parents from the class to organise parent dinners, coffee mornings, holiday activities etc. If you have a small amount of available time and enjoy arranging social activities then please consider being the Parent Representative for your child’s class. You should receive a note by the end of this week, giving you all the details.

If you have any questions please email: Sally Carr our TPS P&C Secretary, on Email - sally@geecarr.net

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**SCHOOL BANKING**

**STAY COOL AT SCHOOL THIS SUMMER**

Win a CommBank Marquee for your school and $50 for a student just by depositing to your CommBank School Banking account in Term 1.

The school with the highest percentage of active students at the end of Term 1 will win a marquee. There are 4 marquees to be won in the Central Coast area. Every student who completes a minimum of 3 school banking deposits in Term 1 will also be in the running to win one of two $50 credits to their School Banking account. **Competition opens 28/01/2014 and closes 11/04/2014.** For full terms and conditions please visit commbank.com.au/schoolbanking.

Banking day at Terrigal is every TUESDAY.
We are looking for one or two parents from each class, with a small amount of available time, to be a liaison person for parents from their class. They will be responsible for organising the occasional social outing, class play dates, welcoming new families that may come to the class etc. They can also be the point of contact for any questions and ideas parents would like addressed by the P&C.

Being a Parent Representative is a great way to get to know other parents and to become involved in the school community. Great friendships and a strong network of support will be formed which is invaluable in your journey through school.

For further information, or to nominate yourself to be a Parent Representative, please complete the tear-off slip below and hand in to the office and we will contact you.

Please return to the office no later than Friday 28th February 2014.

Mr Michael Burgess                      Mrs
Yvette Schweiger                       President P&C
Principal
<table>
<thead>
<tr>
<th>Mon 14 April</th>
<th>Tues 15 April</th>
<th>Wed 16 April</th>
<th>Thurs 17 April</th>
<th>Fri 18 April</th>
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<tbody>
<tr>
<td><strong>BURITZ</strong></td>
<td><strong>RECYCLE DAY</strong></td>
<td><strong>HUNTER VALLEY ZOO</strong></td>
<td><strong>SCARECROW MAKING</strong></td>
<td><strong>CLOSED</strong></td>
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<tr>
<td>Come with us and enjoy two hours of gymnastics at Buritz, Erina. Are you a future gymnastics star? Activities to include trampoline, bar and floor. All gymnastics teachers are accredited.</td>
<td>Back by request, another recycling day. We will use a variety of materials to make functional items. Please bring in glass jars and cardboard boxes.</td>
<td>A first for us. Join us for a day at the zoo in the beautiful Hunter Valley. Enjoy wombat patting, monkey feeding and reptile shows. Do you fancy cuddling a koala or holding a crocodile, enjoying interactive animal experiences and informative shows? Then this is the day for you. Leave at 8.30AM Return at 4.30PM</td>
<td>Today we will be making scarecrows for our garden using a variety of different materials. Please bring some old clothes to dress the scarecrows.</td>
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<td>Leave at 9.00AM Return at 12.30PM</td>
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<th>Thurs 24 April</th>
<th>Fri 25 April</th>
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<tr>
<td><strong>CLOSED</strong></td>
<td><strong>LUTANDA AT TOUKLEY</strong></td>
<td><strong>CRAFT AND MESSY GOO DAY</strong></td>
<td><strong>PARTY DAY</strong></td>
<td><strong>CLOSED</strong></td>
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<tr>
<td>Another first for us. Join us for a day of activities at Lutanda at Toukley. Over 8’s can go on the high rope swing and flying fox and then try their hand at archery. The younger children can enjoy bush walking, tennis, basketball, swings, trampoline and playing on the lake beach. Sounds like a great day out.</td>
<td>Come for a day of craft and slimy goo. Today we will learn how to make our own slime. Lots of other activities and take home craft. Wear old clothes</td>
<td>Join us for our traditional party day. Always a favourite and fills up quickly. Enjoy yourselves on the giant jumping castles and we will entertain you with our party games. Lunch provided</td>
<td>Monday 28 The Entrance Skate Park Off to The Entrance skate park today. Bring your scooters and skateboards. Don’t forget helmet, knee and elbow pads. You will not be allowed to skate without. For those who do not want to skate we will play games and go to the park. Leave 9.30AM Return 2.30PM</td>
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Marni’s Studio of Performing Arts

* Studios @ Terrigal, Berkeley Vale and Narara
* Classes are held at Terrigal Primary and Terrigal Scout Hall on Wednesday afternoons
* All ages welcome from Pre-School to High School
* Jazz, Contemporary, Hip-hop, Classical Ballet, Tap, boys only classes

Marni’s.com.au
Celebrating 27 years on the coast

www.lizottes.com.au

Some Of The Fabulous Shows Coming Up!

Damien Leith - Fri 21 March

“Fine Food With A Musical Mood”
Lot 3 Avoca Drive Kincumber
T: 4368 2017
www.lizottes.com.au

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Supporting Our Community!
Property Central is proud to support our local schools through our School Support Program.

How does our School Support Program work?
If you sell or buy a property through Property Central, we will donate $110 to Terrigal Primary School on settlement. Please remember to inform us to donate when you exchange contracts so your school doesn't miss out!

The banks are at war for your home loan.

Make an appointment for a free home loan health check and we will donate $50.00 to the school for sporting equipment.

Aussie
Call Judith McGuigan
02 4322 6031
0414 709 868

It's smart to ask.
Terrigal Wamberal Junior Rugby League club are looking for players for our U6, U7 and U12 teams. It is not too late to register if you are interested.

Please contact: Nicole Baker – 0414 618 248 or Mel Spackman – 0432 889 365

High Tea & Fashion Parade

‘LINA’S CHALLENGE’
FUNDRAISER
Sunday 1st June

Please join us to support ‘Lina’s Challenge’ at Mingara Recreation Club on Sunday 1 June at 1.30pm (for a 2pm start). Tickets are $40 per person and includes a wonderful High Tea and Fashion Parade by Sea Change of Avoca Beach.

There will be an amazing raffle and lucky door prizes.

For more information or to purchase tickets – please contact:
President Gail – 0408 585 510
Lioness Debra – 0417 209 147

proudly hosted by East Gosford Lioness Club

Lina suffers from a rare disease – Transverse Myelitis and needs specialist treatment in America. This fundraiser is in Lina’s Honour.
Presents

“**I AM A GIRL**”

**MONDAY 24 March, 2014 at 7:00 pm for 7:30pm start**

Tickets $25 (includes pre-film nibbles)

Drinks available from Theatre

Rated M /Documentary/Biography – 88 minutes

**Producer/Director Rebecca Barry will be joining us and speaking about her journey which led to the making of this film**

There is a group of people in the world today who are more persecuted than anyone else, but they are not political or religious activists. They are girls. Being born a girl means you are more likely to be subjected to violence, disease, poverty and disadvantage than any other group on the planet. As each girl moves closer to coming of age, I AM A GIRL, a feature length documentary, reveals what it means to grow up female in the 21st century.

As a day on earth transpires from dawn to dusk and into the night, we meet Manu, Kimsey, Aziza, Habiba, Breani and Katie – each on the brink of womanhood and dealing with the realities of what it means to grow up female in their world today. As they come of age in the way their culture dictates, we see remarkable heart-warming stories of resilience, bravery and humour.

**Tickets may be purchased direct from the Theatre (by phone with credit card or in person)**

Phone 02 4382 1777

Proceeds to Soroptimist Club of Brisbane Water Inc. for Local Education and International Projects (including Birthing in the Pacific – training Midwives in New Guinea)
**J & B DANCE**  www.jbdance.com.au

Monday @ Terrigal
4:00  Jelly Beans Jazz
4:30  Year 2,3 & 4 Jazz
5:00  Year 2,3 & 4 Jazz Tech
5:30  Year 2,3 & 4 Hip hop

Wednesday @ Terrigal
4:00  Year K & 1,2 Jazz
4:30  Year K & 1,2 Jazz Tech
5:00  Year K & 1,2 Hip-hop

Fridays @ Terrigal
3:30  Jelly Bean Jazz
4:00  Year K & 1 Ballet
4:30  Year K & 1 Jazz
5:00  Year K & 1 Jazz Tech
5:30  Year K & 1 Hip-hop

**NOW ENROLLING 2014!!**

**Spaces Still Available!**  **Classes $5.50!**

---

**Single with Children**

A non-profit social group operated by the Single Parent Family Association

ARE YOU A SINGLE PARENT?

Every week Single with Children provides fun and exciting activities especially for single parents and their children (many activities are subsidised or even free)

It's a great way to meet and get to know people in your area

To find out more and get a FREE copy of our social calendar, contact us today.

**Call 1300 300 496**

Or visit our website: www.singlewithchildren.com.au
FREE fun program for kids to become fitter, healthier & happier

Do you have children 7 to 13 years old? Are you worried about their weight?

Go4Fun runs for 10 weeks during school term. Sessions are run twice a week for two hours after school.

Registrations for the next school term are now open. To find out more or enquire about a location near you call:

Free call 1800 780 900
SMS 0409 745 645 for a call back or visit www.go4fun.com.au
MARKETS
IMPACT CENTRE
19 Chetwynd Road, Erina (off Terrigal Drive)
Saturday MARCH 22th
(9am-2pm)

Featuring dozens of undercover market stalls, ultra modern facilities with easy parking, a café and a kids’ play centre for 0-10 year olds. It is all weather fun for the entire family.

For more info please phone Sue or Catherine at Fairhaven on 4323 3566
www.facebook.com/FairhavenServices
Is your child gifted, talented, intelligent, curious, creative and filled with promise?

WE CAN HELP YOU!

An invitation to participate in a series of innovative workshops at UTS

Further Details:
2014 Program Dates:
March 22/23rd
June 7/8th
August 8/9th
October 25/26th

Cost:
$80 (+ GST) per day
or $165 (+ GST) per weekend

Time:
9:30am-3:30pm
(Saturday and/or Sunday)

Workshop Categories:
Year 3/4, Year 5/6 and Year 7/8

www.inspirationeducation.com.au | 1300 677 336
We always welcome volunteers with open arms!

**RECESS (at recess only)**
- Pikelets ................................................................. 0.40
- Fruit Pikelet ........................................................... 0.60
- Finger Buns – Whole .............................................. 2.00
- Finger Buns – Half .................................................. 1.00
- Muffins (fruit, assorted varieties, GF available) .......... 1.00
- Half Cheese and Bacon Roll ................................. 1.00
- ¼ Fairy Bread (limit of 4 quarters) .......................... 0.10
- Muffin Melts (melted cheese/ham on ½ English muffin) .. 1.00
- Rice Crackers & cheese & Carrot Slices ................. 0.90
- Fruit Salad & Yoghurt Cup ....................................... 1.50
- Sliced Vegetables (carrot, cucumber, celery) ............ 0.60

**RECESS & LUNCH**
- Yummy Drummy .................................................... 1.00
- Hot Cheese Roll (small) ............................................ 1.00
- Hot Corn Cob (pre-order only) ............................... 1.00
- L/F Fresh Yoghurt (assorted flavours) ..................... 1.00
- L/F Custard (G.F.) .................................................. 1.20
- Frozen Yoghurt ..................................................... 1.80
- Koala Popcorn (G.F.) ............................................. 1.50

**FRUIT**
- Apple, Orange, Banana and other .......................... 0.90
- Seasonal Fruits (all available @ fruit break) .......... 0.90
- Frozen ¼ Orange .................................................. 0.10
- Frozen Pineapple Rings ......................................... 0.50
- Watermelon (Terms 1 and 4 only) ......................... 0.50

**DRINKS – Available at all times**
- Oak – flavoured 300 ml (chocolate, banana, strawberry) ................................. 1.80
- Plain Milk – 300 ml .................................................. 1.50
- Up & Go (chocolate, strawberry, vanilla, banana) .................. 1.80
- Small Fruit Cup ........................................................ 1.00
- Spring Water – 600 ml ............................................. 1.60
- Spring Water – 300 ml ............................................. 1.00
- Fruit Juice – 200 ml. (apple, apple blackcurrant, orange) ........... 1.70

**EXTRA TREATS – available after lunch**
- Red Rock Plain Chips – 25g ....................................... 1.20

**FROZEN ITEMS**
- 100% Juicy Cups (orange, apple, blackcurrant) ........ 1.00
- Billabong Ice Creams (chocolate, triple swirl) ......... 1.50
- Vanilla Cup Ice Cream ........................................... 1.30
- Frozen Yoghurt Tub (strawberry, passionfruit, mango) ... 1.80
- Frozen Fruit Tube – whole ....................................... 0.50
- Frozen Fruit Tube – half .......................................... 0.25
- Frozen ¼ orange (also sold @ recess) ....................... 0.10
- Icy Pole ................................................................. 1.00

Students *name and class* written on the bottom of the bag please.

*Please place recess and lunch orders in separate bags.*

*All orders must be paid for on the day, credit is not available.*


*All orders (over counter or online) must be received by 9 am.*

- Recess orders are collected from canteen. Lunch orders are sent to classrooms.
- Please add an extra 10 cents if you need the canteen to supply a bag/spoon/fork.
- Drinks, frozen items and ‘treats’ will not be placed in lunch bags. To claim these, children must return their stamped lunch bag to the canteen.
- If an out of stock item is ordered, we will do our best to replace it with a “like” item at a similar price.
- Sorry, no reheating service available due to Health Regulations.
- The canteen always needs volunteers. Come and give it a go! Our friendly canteen helpers welcome mums, dads and grandparents.
- The canteen roster is in the newsletter each week.
- All profits are returned to the P&C to benefit students.
- Serving our school community healthy food is not the only duty of the school canteen. Teaching students about “monies worth” in a safe & controlled environment is also important.
HOT FOOD
Yummy Drummy .................................................. 1.00
Corn Cob .......................................................... 1.00
Hot Cheese Roll – small ...................................... 1.00
Hot Cheese Roll – large ....................................... 2.70
Hot Chicken Roll ............................................... 3.80
Pizza (ham & pineapple) ..................................... 3.00
Pizza Roundas .................................................... 3.00
Chicken Pack
(roasted drumstick, corn cob and slice of bread) .... 3.60
Chargrilled Chicken Burger
(chargrilled pattie, lettuce, tomato, beetroot and carrot) .......................................................... 4.60
Beef Burger
(beef pattie, lettuce, tomato, carrot, beetroot, sauce – tomato or BBQ) ........................................... 4.40
Cheeseburger
(beef pattie, cheese, sauce – tomato or BBQ) ......... 3.70
Chicken Burger – Plain
(chicken pattie, buttered bun) ............................... 2.90
Chicken Burger
(chicken pattie, lettuce, mayo) .............................. 3.40
Cheesy Chicken Burger
(chicken pattie, cheese slice, tomato, lettuce, carrot) .......................................................... 4.40

SALAD BOX
Lettuce, tomato, celery, carrot, beetroot, cucumber, pineapple and cheese ................................. 4.00
ADD chicken, ham or egg .................................. 5.00
NEW – Chicken Tenderloin in Salad Box (GF) .... 5.30

MEAL DEAL
Mini Salad Box
(lettuce, carrot, capsicum, cucumber, tomato, beetroot, cheese) with a small water and a bag of ¼ oranges ............................................ 4.50

ONLY AVAILABLE IN WINTER – TERMS 2 & 3
Pies .................................................................. 3.60
Sausage Rolls ..................................................... 2.60
Sauce .................................................................. 0.30
Lasagne (meat) – fork included ............................. 4.00
Spaghetti Bolognese – fork included ...................... 4.00
Macaroni Cheese – fork included ........................ 4.00

If your child has a food allergy, please inform the office and the canteen.

Bell Times: 8.55 am School Begins
11 am Recess
12.45 am Canteen Buying

SANDWICHES (prepared on wholemeal bread)
Gluten free bread available at an additional cost of $1.
Add $1 for wraps or 50 cents for rolls.
Vegemite ......................................................... 2.00
Baked Beans or Spaghetti .................................. 2.00
Banana .......................................................... 2.20
Egg .................................................................. 2.70
Cheese .......................................................... 2.70
Ham .................................................................. 3.00
Roast Chicken .................................................. 3.20
Tuna .............................................................. 3.00
Egg, lettuce, mayonnaise .................................. 3.10

SALAD
Lettuce, tomato, cucumber, carrot, beetroot ........ 3.00
Cheese and Salad
(cheese, lettuce, tomato, carrot, cucumber) ......... 3.70
Chicken and Salad ............................................. 4.20
Egg and Salad .................................................. 4.00
Tuna and Salad ................................................ 4.00
Ham and Salad ............................................... 4.20
Ham, cheese and pineapple .............................. 4.10
Ham, cheese and tomato .................................. 3.90
Ham and cheese .............................................. 3.70

EXTRAS
Mayonnaise, mustard, pickles ............................ 0.20
Tomato and Beetroot ....................................... 0.20
Cheese .......................................................... 0.70
Egg .................................................................. 1.00
Sauce Sachet .................................................... 0.30

TOASTIES (Toasted Sandwich)
Available All Year Round
Cheese .......................................................... 2.90
Spaghetti or Baked Beans ................................. 2.20
Egg .................................................................. 2.90
Ham, cheese, tomato ........................................ 4.10
Cheese, tomato ................................................. 3.10
Ham .............................................................. 3.20
Ham and Cheese ............................................. 3.90
Chicken and Cheese ......................................... 4.10

SUSHI WEDNESDAY – Supplied by Crave Sushi Café
Please Pre-Order and Pay on Tuesdays
Teriyaki Chicken and Avocado .......................... 3.00
Tuna and Cucumber .......................................... 3.00
Avocado and Cucumber .................................... 3.00

G.F. = Gluten Free
L/F = Low Fat

(Menu updated 17th September 2013)