“Terrigal Public School’s newsletter contains paid advertisements, which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education and Communities or Terrigal Public School.”

2014 AGE CHAMPIONS - SWIMMING
## 2014 TERRIGAL PRIMARY SCHOOL CALENDAR TERM 1

<table>
<thead>
<tr>
<th>MONTH</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FEBRUARY</strong></td>
<td>10 P &amp; C Meeting 7pm</td>
<td>11 Swans Visit</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>3 FEBRUARY</td>
<td>17</td>
<td>18 Surf Fun Day</td>
<td>19 Induction Ceremony</td>
<td>20</td>
<td>21 Boys Cricket</td>
</tr>
<tr>
<td><strong>FEB/MAR</strong></td>
<td>22 Swimming Carnival</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>5 FEB/MAR</td>
<td></td>
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<td></td>
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</tr>
<tr>
<td><strong>MARCH</strong></td>
<td>3 T/L Swimming Carnival</td>
<td>4</td>
<td>5 Sydney North Basketball</td>
<td>6 TL AFL Trials</td>
<td></td>
</tr>
<tr>
<td>6 MARCH</td>
<td>10</td>
<td>11 TL League Trials</td>
<td>12 Selective High School</td>
<td>13 Paul Kelly Cup</td>
<td>14</td>
</tr>
<tr>
<td>7 MARCH</td>
<td>17 P&amp;C AGM 7PM</td>
<td>18 Girls Cricket</td>
<td>19 Ride to School Day</td>
<td>20 SCHOOL PHOTOS</td>
<td>21</td>
</tr>
<tr>
<td><strong>MARCH</strong></td>
<td>24 Sydney Nth Swimming</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28 School Earth Hour</td>
</tr>
<tr>
<td>8 MARCH</td>
<td>31 Young Leaders Day</td>
<td>1 School Disco</td>
<td>2</td>
<td>3</td>
<td>4 TL Hockey Trials Cross Country</td>
</tr>
<tr>
<td><strong>MAR/APR</strong></td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>10 MAR/APR</td>
<td>7 Easter Raffle Draw</td>
<td>8 State Swimming Carnival</td>
<td>9 State Swimming Carnival</td>
<td>10</td>
<td>11 Easter Hat Parade K-2 Last Day of Term</td>
</tr>
<tr>
<td><strong>APRIL</strong></td>
<td>11</td>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
Zone Swimming Carnival – We are the Champions

Congratulations to our representative swimming team on winning the Tuggerah Lakes Zone Swimming Carnival.

Congratulations also to Abbey on becoming the zone champion.

More details of the teams efforts are contained within the newsletter.

Thanks to Mrs Burge for managing the team.

Photography Workshop

On Wednesday thirty of our senior students participated in a photography workshop as part of this year’s 5 Lands Walk.

Local photographer Sally Mayman came along and took the students through a series of exercises to develop their skills in composition, framing and subject choice. Students had access to a set of cameras and were able to put their new skills into practice. Students shot some photos, manipulated the images and printed them out.

From the workshop we hope some of the images and other images the students take and submit will become part of an exhibition in conjunction with the 5 Lands Walk. We will also display some of the photos in our office foyer.

Thanks to Mrs Wyard for co-ordinating the workshop.

School Swimming Carnival Records

Congratulations to the following students on the records they set at our school swimming carnival.

- Jake - Junior 200m Medley
- Abbey - Junior Backstroke (44:38), Junior butterfly (39:92) and 10yrs 50m F/S 35.18

Road Safety Around Our School

We are into the enforcement phase of our campaign to improve road safety around our school. The Ranger has been out this week and will continue to visit over the next couple of weeks.

Unfortunately when the Ranger was here the other afternoon he had cause to book 15 vehicles. Now not all of these were parents from the school but some were our parents.

I thank the many, many parents that do the right thing around our school. I urge all parents to stick to the road rules – especially in regards to parking - so that all students are safe.

Band Excursion

Next Wednesday around 40 students from our band program will travel to Tuggerah to participate in a band workshop with the NSW Police Band.

Thanks to Mrs Lester for organising the excursion.

Selective High School Test

Next Thursday several of our Year 6 students will sit the selective high school entry examination. Those involved have already received information about the test.

Author Visit

Last Monday a group of 40 students travelled to Mingara to listen to author Liz Pichon speak about her books and writing. Liz Pichon has written books such as the Tom Gates series and Wolf Child.

Thanks to Mrs Ryan for organising this opportunity.

Trees in Schools

Trees in schools have become the focus of media attention over the last couple of weeks following a tragic accident at Pitt Town school.

We have initially undertaken a visual inspection of our trees and trimmed some branches. We have a qualified arborist coming next week to do a full assessment and provide advice on any other trees that need attention.
School Refund Policy for Excursions and other Student Funded Activities

Each year teachers plan a number of excursions, guest speakers and various activities which enhance the educational programs being offered in classrooms. These activities usually have a cost associated with them. Occasionally children are disappointed when they are unable to participate in the activity because they are sick on the day, or late to catch the bus etc. In such cases parents often request a refund of the fees that have been paid.

In making a decision regarding a refund one issue has to be considered: Has the school already spent money for the student to participate in the activity?

If the school has already had to pay for the activity then a refund cannot be given.

Often, particularly in the case of larger excursions, venues and accommodation providers charge us on the numbers we provide in advance of the actual excursion. These venues hire staff, buy food, provide bedding etc based on those numbers therefore the costs still exist even if a student does not attend. With bus companies we are still charged for a booked seat even if it is not used.

Therefore it is our policy that when a student is unable to attend an activity, due to a legitimate reason, the school will refund money paid less funds already committed or spent.

Wyong High Tech Class

Wyong High School is designated as a Technology High School and offers students entering Year 7 the opportunity to enrol in their selective technology stream. The generalist technology stream runs over Years 7 & 8 where students are exposed to a range of design challenges, software applications and hardware exercises. In Years 9 & 10 students focus on specific areas such as webpage design, animation, game programming and robotics.

Students that are interested need to complete the application process that includes a 2 hours entrance examination.

Wyong High School is holding an information session for parents and students on Tuesday 11th March 2014 at 6.00pm at the school.

Further information is available on the Wyong High school website:


School App Delay (Reminder)

Our school App is all ready to go. Unfortunately there is currently a delay of up to six weeks for it to become available through the App stores. So for the time being we will continue with the paper version of the newsletter. The newsletter is still available on-line through our school website.

Michael Burgess
Principal

SCHOOL PHOTOS

School Photo day is Thursday, 20th March, 2014. This week the children took home the order and payment envelopes. These will need to be returned to the front office as soon as possible, but no later than Wednesday, 19th March.

Please be aware that this is a different practice to recent years where all envelopes had to be brought in on the day of shooting. We feel that collecting the orders daily over the next 2 weeks will be more efficient.

If you are interested in ordering a family photo, special yellow envelopes are available at the front office. Just have your child pop in to request an envelope.

Thank you.

Uli Myers  Ben Hogan
Office Manager  Acting Deputy
K-2 Choir resumes on Thursday 13th March. Choir will be on each Thursday 8.30am-8.55am in Mrs MacDonald’s room (KH). All interested students in K-2 are welcome to attend.

Mrs MacDonald and Mrs Woodward

TUGGERAH LAKES SWIMMING CARNIVAL

What a fabulous carnival with our terrific swimmers. Terrigal has won the Tuggerah Lakes Carnival for the 2nd year in a row.

We have some wonderful results:

Jett Green 3rd Place 8yrs 50m F/S
Jake Elliott 2nd Place 9yrs 50m F/S
Max Elliott 3rd Place 9yrs 50m F/S
Abbey Debono 2nd Place Jr Ind Medley 1st Place 10yrs 50M F/S 3rd Place 10yrs 50m Br Stroke 1st Place 10 yrs 50m Butterfly
Kiara Frost 2nd Place 10 years 50m F/S

1st Place 10 years 50m Bk Stroke
Jake Hansen 1st Place 10 years 50m F/S
Kye Green 2nd Place 10 years 50m F/S 1st Place 10 years 50m Fly
Allanah Pitcher 3rd Place 11yrs 50m F/S 3rd Place 11yrs 50m Backstroke
Keaton Pollington 3rd Place 12yrs 50m F/S
Daniel Robinson 1st Place 50m Br Stroke
Oliver Robinson 2nd Place 50m Br Stroke 2nd Place 50m Fly 3rd Place Open Ind Medley
Tamsyn Gould 1st Place 50m Fly

Jnr Girls Relay 1st Place Abbey Debono, Kiara Frost, Tylah White, Lauren Pot
Jnr Boys Relay 1st Place Jake Elliott, Jake Hansen, Max Elliott, Kye Green
Snr Girls Relay 3rd Place Zoe Genders, Jaime Sheary, Allanah Pitcher, Jemma Burgess-Robinson
Snr Boys Relay 2nd Place Keaton Pollington, Alex Lufe, Daniel Robinson, Oliver Robinson

We now have a team of 14 swimmers who will compete at Regional Carnival at Homebush later this month.

Anita Burge
YOUR CANTEEN NEEDS YOU!!

Canteen helpers needed to join our friendly Volunteer Team. New helpers always welcomed. Can you spare a few hours, one day a month? Split shifts available if required.

a) 8.30am – 1.15pm (end of Lunch)
b) 8.30am - 11.20am
c) 11.20am - 1.15pm (end of Lunch)

(or just select any day where “Volunteers are Needed as a ONE OFF)

If you are unable to stay on the roster for 2014 or wish to swap days please let me know ASAP at the canteen on 4384 5322 or Mobile No: 0439 522 124.

Thank you
Deslee James
Canteen Supervisor

BOOK CLUB

Please return Book Club Orders to the office by

Friday, 14th March

Orders should have name and class on both the order and envelope. Thankyou
Terrigal Public School
PARENTS AND CITIZENS’ ASSOCIATION (P&C)

Working Bee
THANK YOU to everyone that turned up on the weekend, such an amazing effort.
A Huge - THANK YOU to:
- Eagle Boys Pizza - Erina
- Hungry Wolfs – Terrigal
- Coles - Erina Fair
- Woolworths - Erina Fair
for their generous donations towards the working bee last weekend.

Minutes
The last minutes can be found [http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes](http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes) - (copy and paste this URL)

Membership
Membership is $1 and can be paid to our Treasurer - Emma Denniss, or President - Yvette Schweiger or myself, Sally Carr in between the times of meetings, (or by placing your $1 on an envelope with your name and contact details, and handed to the office staff) but members are not deemed financial until the close of the next general meeting.
Terrigal Public School’s **AGM will be on the 17th of March at 7pm.** All positions will become vacant and become available.


If you have any questions please contact me

Sally Carr
TPS P&C Secretary
Email - sally@geecarr.net

### P&C Meeting Dates 2014

Venue: School Staff Room Mondays 7-9pm. Entry via staff car park

<table>
<thead>
<tr>
<th>TERM</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>10th February</td>
</tr>
<tr>
<td></td>
<td><strong>17th March - AGM</strong></td>
</tr>
<tr>
<td>2</td>
<td>12th May</td>
</tr>
<tr>
<td></td>
<td>16th June</td>
</tr>
<tr>
<td>3</td>
<td>28th July</td>
</tr>
<tr>
<td></td>
<td>1st September</td>
</tr>
<tr>
<td>4</td>
<td>20th October</td>
</tr>
<tr>
<td></td>
<td>24th November</td>
</tr>
</tbody>
</table>

Our P&C meetings are informal and friendly. They provide opportunities to liaise directly with the Principal about matters of general concern. You can gain voting rights at P&C meetings by paying a $1 annual membership.

### Local Business Support

Here are two easy ways you can earn money for our school...

1) We have teamed up with our local **Aussie Farmers Direct** milkman to raise funds. Jump online to: AussieFarmers.com.au/Fundraisingoffer
   If you are already a customer you can link your account to Terrigal Public School by visiting: AussieFarmers.com.au/linkmyaccount
   OR Collect a $15 gift code from the office.

2) If you shop at **Ritchies IGA** supermarkets register (at no cost) for a Community Benefit card and link your account to Terrigal Public school, each time you shop show them your card and a percentage gets donated to the school.
**Parent Representative**

Each class at Terrigal Public School has one or two parents who are responsible for liaising with the other parents from the class to organise parent dinners, coffee mornings, holiday activities etc. If you have a small amount of available time and enjoy arranging social activities then please consider being the Parent Representative for your child’s class. You should receive a note by the end of this week, giving you all the details.
If you have any questions please email: Sally Carr our TPS P&C Secretary, on Email - sally@geecarr.net

**Canteen**

The P&C manages a school canteen to provide a service to parents through the provision of healthy lunches and small snacks at recess.

Any questions please contact: **Virginia Hunt - 0418 449 853** Canteen Sub-Committee Manager

**Uniforms**

Please read.....

**SIZE 4 - BOYS UNIFORM**

Due to popular demand we are now selling: size 4 boys blue polo shirts and sport shirts.

Please refer to our school web site for uniform details.

**The Uniform Shop HOURS:**

**Wednesday:** 8.30am-9.15am, during the school term.
**Friday:** 8.30am-9.15am, during the school term. (Opening Friday’s is a trial during February)

Uniforms can also be purchased online via Flexischools.
Go to [www.flexischools.com.au](http://www.flexischools.com.au) to register or see Canteen section above for more details.

To buy or sell pre-loved Uniform items join our Facebook Group TPS – Pre-loved Uniforms. [https://facebook.com/groups/339332946170749/](https://facebook.com/groups/339332946170749/) (For Sale or for Free)

If you have any questions please email: Sally Carr our TPS P&C Secretary, on Email - sally@geecarr.net
Dear Parents, Grandparents, Uncles and Aunties,

Whatever thoughts you may have previously had about being a canteen volunteer, think again! Spend some time lending a hand and you will get to experience the awesome environment your children (grandchildren, nieces, nephews) are a part of.

The Canteen operates five days a week. Your decision to be a volunteer is greatly appreciated. With your continued support we can provide the school community a quality Canteen service, offering fresh and healthy foods at reasonable prices.

We are striving to serve more fresh and homemade goods, which has resulted in more children coming to the canteen. It is a pleasure for us to be able to cook for and serve both students and staff and we would love for you to be a part of this with us.

During your volunteering experience you will get to enjoy a coffee and light lunch, meet new people, including myself (Canteen Sub-Committee Manager) and Deslee James (Canteen Manager).

Having you at the canteen, even if it is only for a couple of hours can be very exciting for the children.

Virginia Hunt - 0418 449 853  
Canteen Sub-Committee Manager

---

Join our team of cheerful CANTEEN HELPERS!
Please complete the form and return this section to the Canteen or SMS/call Virginia Hunt directly on 0418 449 853.

I would like to assist on the School Canteen roster as follows (please circle);

**Monday Tuesday Wednesday Thursday Friday**

Weekly Fortnightly Monthly Termly

Name: _____________________________________________________ Child’s Class_________________

Phone (h): __________________________________ (m): ______________________________________

Email Address: _________________________________________________________________________
We are looking for one or two parents from each class, with a small amount of available time, to be a liaison person for parents from their class. They will be responsible for organising the occasional social outing, class play dates, welcoming new families that may come to the class etc. They can also be the point of contact for any questions and ideas parents would like addressed by the P&C.

Being a Parent Representative is a great way to get to know other parents and to become involved in the school community. Great friendships and a strong network of support will be formed which is invaluable in your journey through school.

For further information, or to nominate yourself to be a Parent Representative, please complete the tear-off slip below and hand in to the office and we will contact you.

Please return to the office no later than Friday 28th February 2014.

Mr Michael Burgess       Mrs Yvette Schweiger
Principal        President P&C

NAME: _____________________________________________________________________________________

CHILD’S NAME: ________________________________________ CLASS: _______________________

CONTACT EMAIL: _____________________________________________________________________________

CONTACT PHONE: (H): _______________________________________ (M): ______________________________

Please tick and return to the office:

☐ I would like to nominate myself to be a parent representative

☐ I would like more information about being a parent representative

Please return to the office no later than Friday 28th February 2014
ETHICS CLASSES IN SCHOOLS
Teach children how to think.

✓ BECOME A VOLUNTEER ETHICS TEACHER

At Terrigal Primary School

Terrigal P.S is in need of volunteer ethics teachers to cater for the demand for yr 1-6 ethics classes in 2014

An Ethics Teacher:
✓ Engages children in learning about ethics
✓ Is a good listener with a genuine interest in helping young people
✓ Commits to teaching one class each week during school terms.

Ethics Teachers undertake:
✓ Police and Working with Children checks
✓ Full free training in Primary Ethics curriculum delivery
✓ Ongoing online training.

Learn more and apply online
www.primaryethics.com.au

or contact Kim Bethune, Primary Ethics Coordinator, Terrigal Primary School at kimncoops@iprimus.com.au or 0438 276 220
“Fine Food With A Musical Mood”
Lot 3 Avoca Drive Kincumber
T: 4368 2017
www.lizottes.com.au

Some Of The Fabulous Shows Coming Up!
Simply The Best - A Tina Turner Tribute Fri 7 March
Ian Moss - Sat 8 March
Damien Leith - Fri 21 March

‘Mention this ad for a VIP discount!’
The banks are at war for your home loan.

Make an appointment for a free home loan health check and we will donate $50.00 to the school for sporting equipment.

Call Judith McGuigan
07 4327 6031
0414 709 866

It’s smart to ask.

propertycentral.com.au
Supporting Our Community!

How does our School Support Program work?
If you sell or buy a property through Property Central, we will donate $110 to Terrigal Primary School on settlement. Please remember to inform us to donate when you exchange contracts so your school doesn’t miss out!
### RECESS (at recess only)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pikelets</td>
<td>0.40</td>
</tr>
<tr>
<td>Fruit Pikelet</td>
<td>0.60</td>
</tr>
<tr>
<td>Finger Buns – Whole</td>
<td>2.00</td>
</tr>
<tr>
<td>Finger Buns – Half</td>
<td>1.00</td>
</tr>
<tr>
<td>Muffins (fruit, assorted varieties, GF available)</td>
<td>1.00</td>
</tr>
<tr>
<td>Half Cheese and Bacon Roll</td>
<td>1.00</td>
</tr>
<tr>
<td>¼ Fairy Bread (limit of 4 quarters)</td>
<td>0.10</td>
</tr>
<tr>
<td>Muffin Melts (melted cheese/ham on ½ English muffin)</td>
<td>1.00</td>
</tr>
<tr>
<td>Rice Crackers &amp; cheese &amp; Carrot Slices</td>
<td>0.90</td>
</tr>
<tr>
<td>Fruit Salad &amp; Yoghurt Cup</td>
<td>1.50</td>
</tr>
<tr>
<td>Sliced Vegetables (carrot, cucumber, celery)</td>
<td>0.60</td>
</tr>
</tbody>
</table>

### RECESS & LUNCH

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yummy Drummy</td>
<td>1.00</td>
</tr>
<tr>
<td>Hot Cheese Roll (small)</td>
<td>1.00</td>
</tr>
<tr>
<td>Hot Corn Cob (pre-order only)</td>
<td>1.00</td>
</tr>
<tr>
<td>L/F Fresh Yoghurt (assorted flavours)</td>
<td>1.00</td>
</tr>
<tr>
<td>L/F Custard (G.F.)</td>
<td>1.20</td>
</tr>
<tr>
<td>Frozen Yoghurt</td>
<td>1.80</td>
</tr>
<tr>
<td>Koala Popcorn (G.F.)</td>
<td>1.50</td>
</tr>
</tbody>
</table>

### FRUIT

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple, Orange, Banana and other</td>
<td>0.90</td>
</tr>
<tr>
<td>Seasonal Fruits (all available @ fruit break)</td>
<td>0.90</td>
</tr>
<tr>
<td>Frozen ¼ Orange</td>
<td>0.10</td>
</tr>
<tr>
<td>Frozen Pineapple Rings</td>
<td>0.50</td>
</tr>
<tr>
<td>Watermelon (Terms 1 and 4 only)</td>
<td>0.50</td>
</tr>
</tbody>
</table>

### DRINKS – Available at all times

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oak – flavoured 300 ml</td>
<td>1.80</td>
</tr>
<tr>
<td>(chocolate, banana, strawberry)</td>
<td></td>
</tr>
<tr>
<td>Plain Milk – 300 ml</td>
<td>1.50</td>
</tr>
<tr>
<td>(up &amp; Go)</td>
<td></td>
</tr>
<tr>
<td>(chocolate, strawberry, vanilla, banana)</td>
<td>1.80</td>
</tr>
<tr>
<td>Small Fruit Cup</td>
<td>1.00</td>
</tr>
<tr>
<td>Spring Water – 600 ml</td>
<td>1.60</td>
</tr>
<tr>
<td>Spring Water – 300 ml</td>
<td>1.00</td>
</tr>
<tr>
<td>Fruit Juice – 200 ml</td>
<td></td>
</tr>
<tr>
<td>(apple, apple blackcurrant, orange)</td>
<td>1.70</td>
</tr>
</tbody>
</table>

### EXTRA TREATS – available after lunch

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Rock Plain Chips – 25g</td>
<td>1.20</td>
</tr>
</tbody>
</table>

### FROZEN ITEMS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>100% Juicy Cups (orange, apple, blackcurrant)</td>
<td>1.00</td>
</tr>
<tr>
<td>Billabong Ice Creams (chocolate, triple swirl)</td>
<td>1.50</td>
</tr>
<tr>
<td>Vanilla Cup Ice Cream</td>
<td>1.30</td>
</tr>
<tr>
<td>Frozen Yoghurt Tub</td>
<td></td>
</tr>
<tr>
<td>(strawberry, passionfruit, mango)</td>
<td>1.80</td>
</tr>
<tr>
<td>Frozen Fruit Tube – whole</td>
<td>0.50</td>
</tr>
<tr>
<td>Frozen Fruit Tube – half</td>
<td>0.25</td>
</tr>
<tr>
<td>Frozen ¼ orange (also sold @ recess)</td>
<td>0.10</td>
</tr>
<tr>
<td>Icy Pole</td>
<td>1.00</td>
</tr>
</tbody>
</table>

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Students name and class written on the bottom of the bag please.

Please place recess and lunch orders in separate bags.

All orders must be paid for on the day, credit is not available.

Online ordering now available on www.fleximeals.com.au

All orders (over counter or online) must be received by 9 am.

- Recess orders are collected from canteen. Lunch orders are sent to classrooms.
- Please add an extra 10 cents if you need the canteen to supply a bag/spoon/fork.
- Drinks, frozen items and ‘treats’ will not be placed in lunch bags. To claim these, children must return their stamped lunch bag to the canteen.
- If an out of stock item is ordered, we will do our best to replace it with a “like” item at a similar price.
- Sorry, no reheating service available due to Health Regulations.
- The canteen always needs volunteers. Come and give it a go! Our friendly canteen helpers welcome mums, dads and grandparents.
- The canteen roster is in the newsletter each week.
- All profits are returned to the P&C to benefit students.
- Serving our school community healthy food is not the only duty of the school canteen. Teaching students about “monies worth” in a safe & controlled environment is also important.
# LUNCH

## HOT FOOD
- Yummy Drummy .......................................................... 1.00
- Corn Cob ...................................................................... 1.00
- Hot Cheese Roll – small .............................................. 1.00
- Hot Cheese Roll – large ................................................. 2.70
- Hot Chicken Roll ......................................................... 3.80
- Pizza (ham & pineapple) .............................................. 3.00
- Pizza Roundas ............................................................. 3.00

**Chicken Pack**
(roasted drumstick, corn cob and slice of bread) ........................................ 3.60

**Chargrilled Chicken Burger**
(chargrilled pattie, lettuce, tomato, beetroot and carrot) ............................. 4.60

**Beef Burger**
(beef pattie, lettuce, tomato, carrot, beetroot, sauce – tomato or BBQ) ........ 4.40

**Cheeseburger**
(beef pattie, cheese, sauce – tomato or BBQ) ........................................ 3.70

**Chicken Burger – Plain**
(chicken pattie, buttered bun) ................................................ 2.90

**Chicken Burger**
(chicken pattie, lettuce, mayo) ............................................... 3.40

**Cheesy Chicken Burger**
(chicken pattie, cheese slice, tomato, lettuce, carrot) ............................. 4.40

## SALAD BOX
- Lettuce, tomato, celery, carrot, beetroot, cucumber, pineapple and cheese ........................................ 3.00
- ADD chicken, ham or egg ............................................. 4.00
- NEW – Chicken Tenderloin in Salad Box (GF) ................. 5.30

## MEAL DEAL
**Mini Salad Box**
(lettuce, carrot, capsicum, cucumber, tomato, beetroot, cheese) with a small water and a bag of ¼ oranges ......................................................... 4.50

## ONLY AVAILABLE IN WINTER – TERMS 2 & 3
- Pies ..................................................................... 3.60
- Sausage Rolls .............................................................. 2.60
- Sauce ..................................................................... 0.30
- Lasagne (meat) – fork included ..................................... 4.00
- Spaghetti Bolognese – fork included ......................... 4.00
- Macaroni Cheese – fork included ............................ 4.00

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**If your child has a food allergy, please inform the office and the canteen.**

**Bell Times:**
- 8.55 am  School Begins
- 11 am  Recess
- 12.45 am  Canteen Buying

## SANDWICHES (prepared on wholemeal bread)
*Gluten free bread available at an additional cost of $1. Add $1 for wraps or 50 cents for rolls.*

- Vegemite .................................................................. 2.00
- Baked Beans or Spaghetti ........................................ 2.00
- Banana .................................................................... 2.20
- Egg ....................................................................... 2.70
- Cheese .................................................................... 2.70
- Ham ....................................................................... 3.00
- Roast Chicken .......................................................... 3.20
- Tuna ....................................................................... 3.00
- Egg, lettuce, mayonnaise ........................................ 3.10

## SALAD
- Lettuce, tomato, cucumber, carrot, beetroot .................. 3.00
- Cheese and Salad
  (cheese, lettuce, tomato, carrot, cucumber) .................. 3.70
- Chicken and Salad ..................................................... 4.20
- Egg and Salad ........................................................... 4.00
- Tuna and Salad .......................................................... 4.00
- Ham and Salad ........................................................... 4.20
- Ham, cheese and pineapple ......................................... 4.10
- Ham, cheese and tomato ............................................. 3.90
- Ham and cheese ......................................................... 3.70

## EXTRAS
- Mayonnaise, mustard, pickles ..................................... 0.20
- Tomato and Beetroot .................................................. 0.20
- Cheese .................................................................... 0.70
- Egg ....................................................................... 1.00
- Sauce Sachet .............................................................. 0.30

## TOASTIES (Toasted Sandwich)
*Available All Year Round*

- Cheese .................................................................... 2.90
- Spaghetti or Baked Beans ........................................ 2.20
- Egg ....................................................................... 2.90
- Ham, cheese, tomato .................................................. 4.10
- Cheese, tomato .......................................................... 3.10
- Ham ....................................................................... 3.20
- Ham and Cheese .......................................................... 3.90
- Chicken and Cheese ..................................................... 4.10

## SUSHI WEDNESDAY – Supplied by Crave Sushi Café
*Please Pre-Order and Pay on Tuesdays*

- Teriyaki Chicken and Avocado ..................................... 3.00
- Tuna and Cucumber ..................................................... 3.00
- Avocado and Cucumber .................................................. 3.00

G.F. = Gluten Free
L/F = Low Fat

(Update: 17th September 2013)