GIRLS NETBALL – CENTRAL COAST CHAMPIONS
OFF TO STATE FINALS 8th SEPTEMBER – GOOD LUCK!
# Terrigal Public School Term 3 Calendar

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<td>SEPT</td>
<td>8 Life Education P &amp; C Meeting 7pm</td>
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<td>10 Terrigals Got Talent Finals</td>
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<td>SEPT</td>
<td>15 Life Education Stage 1 Walkabout Wildlife Park Bush Camp</td>
<td>16 Stage 1 Walkabout Wildlife Park</td>
<td>17 K-2 Athletics Carnival</td>
<td>18 LAST DAY OF TERM!</td>
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SASS Recognition Week

Next week is an important week in the school calendar with the opportunity to recognise the work done by our school administration and support staff. Often these staff members go about their work with little fuss and it is easy to overlook the important role they play in supporting students, staff and families.

Mrs Myers is the School Administration Manager. Her role is to manage the rest of the SASS members. She also has responsibility for managing the financial transactions, banking, administration and organisation of the school. She is highly efficient in this role and runs a great team.

Our school administration officers – Mrs Wilson, Mrs Shearer, Mrs Annabel, Mrs Barry – are our ‘engine room’ workers who do all of the necessary ‘behind the scenes’ things to ensure students are able to be in class learning. They are the faces that greet parents and caregivers at the school office, they care for your child when they are sick or injured, they sort out all manner of problems throughout the day, they photocopy, prepare learning materials and a multitude of other tasks.

In many classrooms we also have our support staff – Mr Atherton (Mr Glenn), Mrs Chick, Mrs Thorpe, Mrs Jenkins, Mrs Cole, Mrs Parkin, Mrs Peak, Mrs Gregory, Mr Bruce (Mr Robb). This fantastic team support a range of students with their learning, behaviour, personal hygiene and other medical needs. Many of these students would not be able to operate successfully within the school without this support.

Out and about around the school we have Mr Jones (Mr Ron) who looks after our grounds, sorts out our stores and equipment, repairs many things around the school, helps clean up and does many odd jobs. His role is vital in ensuring classrooms are ready for students to learn.

I also want to recognise our cleaners – Mrs Jones, Mr Goldfinch, Mr Borniger. Although they aren’t technically part of the SASS team (as they are employed by an external company) they are still an important part of our school support team in ensuring that classrooms and our school are clean and ready for students to learn.

Thank you to all of these people for their work and particularly their willingness to go beyond their individual roles to support students and families.

Fathers’ Day Breakfast

Come along next Friday for a bacon and egg roll. Although the note said 8am we understand that some dads need to leave earlier so there will be rolls available from about 7.30am. The 8 o’clock start was just to give us more time to get the bacon and eggs cooked.

We look forward to seeing as many dads (and those that play a dad role in our students’ lives) as possible along next Friday morning.

Fathers’ Day Stall – Friday 5th Sept

Don’t forget the Fathers’ Day stall next Friday also. There will be lots of great presents for students to buy. If you want your child to purchase a gift on the day you need to donate a gift. (If your child is buying 2 presents you need to donate 2 gifts). This year to try to avoid disappointments, we are
asking that your child please hand in their donations to their teachers, where they will mark down that your child has made a donation.

**AFL State Finals**

Last Monday our AFL team travelled to Blacktown to play in the state finals of the NSWPSSA Tony Lockett Shield Knockout.

Our boys first played Merimbula PS in a hard fought game for a place in the grand final. It was a tough struggle with Merimbula sneaking away at the end to beat us 41 -30. This meant we then moved on to the play off for third place against Bateau Bay PS. The boys convincingly defeated Bateau Bay 59 – 9 so they were awarded third place.

This is a great achievement for a school with few regular AFL players. The league, union and soccer boys really stepped up to play well throughout all of the rounds.

Thanks to Mr Krisher for his work in coaching the boys and organising their participation in the competition. Thank you also to the many parents that travelled down for the game and their ongoing support during the season.

**Premier’s Spelling Bee**

Congratulations to Ryan (Yr3), Gilbert (Yr4), Tara (Yr5) and Oliver (Yr6) on winning their way through to the regional finals of the Premier’s Spelling Bee.

Congratulations also to our school finalists:

Year 3 – Jack-James, Taylor, Remi, Brae, Bradley, Dakota, Ryan
Year 4 – Gilbert, Sebastian, Charlie, Zach, Kate, Scarlett, Kyan, Blake
Year 5 – Taj, Ashlee, Tara, Lacey, Catrin, Will, Ella
Year 6 – Lauryn, Ryjan, Niley, Franseca, Daniel, Oliver, Emillie

**Basketball – Through to the State Finals**

Congratulations to our girls’ basketball team on winning their way through to the state finals to be held in Bathurst in a little over a week.

Well done to Mrs Neale for her coaching and organisation. Thank you to parents for your ongoing support.

Our boys’ team is playing tomorrow (Fri) and hope to also win through to the state finals. Thanks to Mr Howes for coaching the team.

**Further Zone Athletics Results**

Last week I started the results from the Zone Athletics carnival but due to a production error the rest were omitted. My apologies to those people. The full results are below:

Beth – 3rd 8yrs 100m
Erica – 1st 11yrs 100m
2nd 11yrs 200m

Niley – 1st 12/13yrs 100m
1st 12/13yrs 200m
1st 12/13yrs Long Jump

Allanah – 1st 11yrs 200m
1st 11yrs 800m (New Zone Record of 2:37:97)
1st 11trs Discus
3rd 11yrs High Jump

Matilda – 3rd Junior Long Jump

Sam - 3rd 8yrs 100m

Caine – 2nd 11yrs Discus

Jacob – 2nd Junior High Jump

Finn – 3rd 11yrs High Jump

Will – 3rd 12/13yrs Long Jump

Jake – 2nd Junior Shot Putt

Ben – 1st 11yrs Shot Putt

Our school came 4th in the carnival

Particular congratulations go to Alannah on being crowned the 11yrs Girl Champion and to Niley on achieving the 12/13 Girl Champion crown. Well done girls.

**Boys’ Football**

Our boys’ football (soccer) team travel to Umina tomorrow (fingers crossed with the weather) to play their next round of the state knockout.

We wish them well. Thanks to Mrs Cooper for coaching the team.

**K-2 Athletics Carnival – Postponed**

The K – 2 Athletics Carnival has been postponed, it will now be held on Thursday, 18th September. A note will be sent out shortly.

**Movie Night – Still On at this Stage**

Don’t forget our Movie Night on Thursday 4th September. The Lego Movie will be shown. Food and drinks will be available.

This is an alcohol free event.
Bring along your blankets and snuggle up with your family to watch a great movie.

**Life Education**

We are looking forward to Healthy Harold and the Life Education Van visiting us for the next few weeks. Students, that have paid, will attend the lessons in the van and receive a booklet.

Classes will undertake a range of lessons according to their year level from healthy living to drug education and personal safety.

**Tin Food Drive**

Ella, from Year 5, has started a campaign to collect cans of food for CoastShelter, an organisation that supports homeless people on the Central Coast.

If you would like to donate a can or two please place them in the box located in the school office. Tinned spaghetti, baked beans, soup, fruit etc are all welcome.

*Michael Burgess*  
*Principal*

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**JULIE’S CORNER**

1. Ask RU OK?  
2. Listen without judgement  
3. Encourage action  
4. Follow up

Dealing with denial? If they deny the problem they’re not ready to talk, so check in with them soon. And remember... It’s ok to say, “I’m not ok.”

Visit: www.ruokday.com  
Printing supported by: AstraZeneca

*Julie*  
*School Chaplin*
Last week, 32 students from Year 6, along with Mr Hogan and Miss Cooper travelled down to Fox Studios in Sydney to film “Move It”. “Move It” is a fun kids quiz show on Channel Go. All 32 students had auditioned a month or so before and 12 of us got in (with 2 reserves).

When we arrived at Fox Studios, Moore Park, we had recess. Next we met Bradley, one of the workers on “Move It”. He led us into the studios where we would be filming.

First up were Jaime and Kiara against Jemma and Jasmine. The rest of us were in the grandstand where we would be cheering – a lot. The girls had their hair and makeup done by the makeup artist and soon after, the episode began. It was very exciting for all of us.

In the first round, one person from each team would go up onto ‘The Ramps’ where they would have to match pictures or words to their clue numbers, by pressing the button for the picture and pressing it again to lock them in.

During the breaks between each Round we would tell jokes and riddles with Bradley and between each episode, we would go outside onto the set for “Lights, Camera, Chaos”.

Round 2 was the “The Ramps” and “The Pods”. At the Pods each team would have a buzzer, the host, Nich Vindin would read out clues and the two teams would buzz in to answer.

Round 3 was the same, but with double points. The winners with the most points at the end would be in the Bonus Round were they would have to order the pictures. Such as, smallest to tallest, youngest to oldest, nearest to farthest or so on.

During the rest of the day, we had 2 more episodes. We had Ryjan and Miguel against Jake and Ethan. And last but definitely not least we had Ben and Angus against Milla and Lauren.

We all had a great day and had loads of fun. But to find out who won you will have to watch it yourself. Around next year in March the episodes will be on Channel Go.

I can’t wait and I bet you all can’t wait either.

Leila Patch
5/6L

We are currently experiencing a shortage of boys shorts, sports shorts, boys underpants – small sizes and girls underpants – small and large sizes, to use as spares for children who may need to be changed through the day for eg. slipping in the mud etc. If anyone has any spares that your children may no longer be using we would greatly appreciate any donations to the office. Also if your child has been lent clothing from the office, could you please wash and return it as soon as possible. Thankyou

Enrolments are now being taken for children starting Kindergarten in 2015.

Please see our School Office for an enrolment package. Thank you.

We would like to get as many enrolments in as we can.

Thankyou
Melissa McKay
## Canteen Roster

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<tr>
<th>Term 3 Week 7</th>
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<tbody>
<tr>
<td>Fri 29</td>
<td>Mel Pitcher, Dawn Peterson, Tracey Franklin</td>
</tr>
<tr>
<td>Week 8</td>
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</tr>
<tr>
<td>Mon 1 Sept</td>
<td>Ami Pace, <strong>Extra Volunteer Needed, Thankyou</strong></td>
</tr>
<tr>
<td>Tue 2</td>
<td>Sonja Pot</td>
</tr>
<tr>
<td>Wed 3</td>
<td>Julie Mann &amp; Jan</td>
</tr>
<tr>
<td>Thurs 4</td>
<td>Louise Donnelly, Maria Lobb</td>
</tr>
<tr>
<td>Fri 5</td>
<td>Corrinne Mulqueeny, Mandy Williams, Naomi Wheeler</td>
</tr>
<tr>
<td>Week 9</td>
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<tr>
<td>Mon 8</td>
<td>Kim Stamper, <strong>Extra Volunteer Needed, Thankyou</strong></td>
</tr>
<tr>
<td>Tue 9</td>
<td>Virginia Hunt, Lisa Jarvis</td>
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<tr>
<td>Wed 10</td>
<td>Rachel Debono, Larissa Collins</td>
</tr>
<tr>
<td>Thurs 11</td>
<td>Aimee Garrett, Stacey Bromage</td>
</tr>
<tr>
<td>Fri 12</td>
<td>Glenys Drennan, Jo Way, Kerrie Melverton, <strong>Extra Volunteer Needed, Thankyou</strong></td>
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## Canteen News

**Canteen is celebrating **

**“FRUIT & VEG MONTH’!!!”**

During August and September

Try our $5 Meal Deal

**“Picnic in a Pocket”**

Available until the end of Term 3

***Billabongs are no longer available. The new product is called FAN DANGLES Choc or Pink and cost is $1.60***

Please note: The Canteen cannot accept FOREIGN COIN as payment for orders or buying. The banks will not accept them.

Thankyou
Deslee Virginia
Canteen Supervisor P & C Committee Leader
$5 MEAL DEAL
"PICNIC IN A POCKET"

- A Pocket Bread filled with Chicken or Ham with Salad (Lettuce, Tomato, Carrot)
- Flavoured OAT Milk (Chocolate, Strawberry, Banana)
- A crunchy delicious apple or banana
14th August 2014

Dear Parents and Caregivers,

Life Education NSW and the Healthy Harold mobile classroom will be visiting our school in Term 3.

Life Education NSW provide positive, preventative drug and health education programs aimed to encourage young people to make smart life choices for a healthy future. The programs address many of the components and objectives within the NSW Personal Development Health and Physical Education curriculum. Topics that will be covered include healthy food choices, importance of physical activity, personal safety, body workings, medicines, consequences of smoking and alcohol use, peer influence and friendship.

Class programs have been selected so that they are stage appropriate for each class.

Each class will be attending an education session during the period Monday 1st September 2014 to Wednesday 17th September.

The cost per child is $9.00 and this includes the Life Education session, a student workbook and a sticker for each child. The resources and information from each session complement the programs being covered in the classroom and will provide for ongoing discussion and activities.

If you have any queries in regards to this valuable educational experience please contact your child’s classroom teacher.

Please return the permission note and $9.00 per child to the front office by Thursday 28th August.

Permission notes were sent home with students this week. If you require a replacement note they are available from the front office or classroom teachers.

Thankyou.

Nicole Davies  Michael Burgess
Coordinating Teacher  Principal
Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on the raising of funds within the community to assist in meeting the shortfall left after receiving assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area.

These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for the children to purchase these products during the school visit. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child’s name and class. This allows the educator to process orders efficiently and effectively. Orders will be returned by the conclusion of the visit.

<table>
<thead>
<tr>
<th>Product Description</th>
<th>Price Including GST</th>
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<tbody>
<tr>
<td>Tattoo</td>
<td>$0.50</td>
</tr>
<tr>
<td>Harold Sticky Note Pad</td>
<td>$1.50</td>
</tr>
<tr>
<td>Harold Activity Bag</td>
<td>$3.00</td>
</tr>
<tr>
<td>Harold Keyring</td>
<td>N/A</td>
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<table>
<thead>
<tr>
<th>Product Description</th>
<th>Price Including GST</th>
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</thead>
<tbody>
<tr>
<td>Harold Hand Ball</td>
<td>$3.00</td>
</tr>
<tr>
<td>Harold Stationary Set</td>
<td>N/A</td>
</tr>
<tr>
<td>Small Harold Soft Toy</td>
<td>$8.00</td>
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<tr>
<td>Large Harold Soft Toy</td>
<td>$15.00</td>
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Note: Harold Products are subject to availability

If you would like to make a donation to Life Education (donations over $2.00 are tax deductible) or receive more information on Life Education NSW please telephone 02 9673 3222.

Life Education NSW thanks you for your support of the ideals of Life Education.


Thankyou

Nicole Davies
Coordinating Teacher
Father’s Day Stall
Friday 5th September 2014

For those of you new to the school this is a fundraiser for the P&C that enables children to buy their Dad a gift for Father’s Day on the 5th September 2014.

How does it work?

If you want your child to purchase a gift on the day you need to donate a gift, (If your child is buying 2 presents you need to donate 2 gifts). This year to try and avoid disappointments, we are asking that your child please hand in their donations to their teachers, where they will mark down that your child has made a donation. It would be a great help to the volunteer wrappers, if you are able to wrap the present in clear cellophane.

IMPORTANT Please note: There will be NO Father’s Day box for donations in the office, if you wish to hand in a gift to the office, please hand it to the ladies at the front desk and leave your child’s name and class with them.

On Friday 5th September 2014, remember to give your child money to spend at the stall. We are hoping to price the gifts at $2, $5 & $10. Each class visits the stall (in the mezzanine) in turn to purchase their gifts and you get a nice surprise on Father’s Day!

If you are able to volunteer your time to help with the wrapping and sorting of the donations, or to help at the stall, helpers are needed on Thursday 4th September and Friday 5th September.

Please contact Sally Carr at sally@geecarr.net for further details.

In short

- Gifts wrapped in clear cellophane & given to the class teacher (there will be no box in the office)
- Remember to give your child money on Friday 5th September 2014.
- If you wish to help email sally@geecarr.net or leave your details at the office

The Father’s Day Stall is proudly brought to you by the great P&C Team at Terrigal Public School
Let’s do it again!
Operate from our hearts and fill as many shoe boxes with small gifts as possible, for the children around the world, who would otherwise miss out at Christmas. We have 100 boxes in the school office ready to go, and more available if need be!

Operation Christmas Child is a unique project of Samaritan’s Purse that brings joy and hope to so many children in desperate situations around the world. In 2011, you generous people in Australia and New Zealand delivered over 600,000 gift-filled shoe boxes to South East Asia and the South Pacific. Globally, Samaritan’s Purse distributed an estimated 7.6 million shoe boxes to children in 105 countries.

Check “The Power of a Simple Gift-“ on Terrigal Public School Homepage.

Friends and family can be part of the Terrigal Public School contribution. Last year, my 25 year old asked me to bring home a box home, so he could fill it! A suggestion was made last year to collect everything and have a ‘shoe box working-bee’ to fill our boxes. So you could either:

- Pick up a box, go shopping with your child/ren for a certain age boy or girl, and pack lots of small, new, non-perishable gifts with your added love; or
- Deliver a pack of items when we have our weekly drive; or
- Make a financial donation toward the cost of delivery

Boxes are due back ASAP to put under our Christmas Tree, before ‘take-off’ in October. Hence:

**Week 7**: Please bring in **ropes & writing utensils** – skipping, elastics, hair ropes, ribbons, clips, friendship bands and bangles.

**Week 8**: Please bring in **balls & toys** – tennis balls, hand balls, super balls, marble bags, knuckles, travel games, card packs (and any other clever things you can think of to put in) **Week 9**

: **Things to wear & soft toys** - socks, gloves, mittens, scarves, beanies, hats, visors, sunglasses, beads, bears, dolls,

Thank you in anticipation of our usual huge, generous response!

_Organiser: Janice Wilkinson_  
_Principal: Michael Burgess_
Parent Invitation:

Seasons for Growth® Parent Program:
Supporting your child following separation and divorce

Terrigal Public School is delighted to be offering a new program for parents this term – the 'Seasons for Growth® Parent Program - Supporting your child following separation or divorce'.

Since 1999, Terrigal Public School has offered the highly successful Seasons for Growth® program for children and young people. For many years parents, whose children have participated in the Seasons for Growth® Young People's Program, have been asking 'is there a program that can help parents, too'?

The Seasons for Growth® Parent Program has been developed to meet this need. The program provides an opportunity for you to reflect on the experience of separation and divorce from your child’s perspective, and to explore ideas and strategies that might help you support your child(ren) through the changes happening in your family. This program is evidence based and the result of many years of research.

The Seasons for Growth® Parent Program: Supporting your child following separation or divorce is a small group program for 6-12 parents. It will be held over a two-week period - 2 hours per session.

The program will be held either during the school day (9am to 11am) and / or an evening course (6pm to 8pm). This program is for parents only.

The school will work with the Parents and Carers and provide availability for as many parents who are interested and wish to complete the workshop. This may mean running the course a number of times between now and the end of the year; and offering a mix of day time and evening workshops.

For more information and/ or to express your interest in taking part in the 'Seasons for Growth® Parent Program', please fill in the slip below and return to our school office ASAP.

School Contact & Trained Facilitator: Janice Wilkinson
School Office: 43844599
Email: janice.wilkinson@det.nsw.edu.au

Principal: Michael Burgess

Name: 
Child (Names and Classes): 
My Best Contact: 
I am interested in completing 'The Seasons for Growth Parent Program' so that I am better equipped to understand and meet the needs of my children, in our current circumstances.

Please tick time most suitable – to complete both Session 1 and Session 2:

☐ Daytime (9am - 11am) on a __________________________________________ (day/s)
☐ Evening (6pm - 8pm) on a __________________________________________ (day/s)

Signature: 
Date: 
P&C Meeting Dates 2014
Venue: School Staff Room
Mondays 7-9pm.
Entry via staff car park

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<td>24 November 2014</td>
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At this coming meeting
MONDAY 1st September 2014 – 7pm
we will be voting in the Co-ordinator's position.
If you would like to put your hand up for this position but are unable to come the P&C meeting on this Monday, please email yvette@virtsol.com.au, by 4pm Monday 1st September. If there are any other positions you would like to pop your hand up for email yvette@virtsol.com.au.

Positions available are:
- TFFF Coordinator
- TFFF Secretary
- TFFF Treasurer
- TFFF Sponsorship Leader
- TFFF Publicity Coordinator
- TFFF Rides Coordinator
- TFFF Entertainment
- TFFF Food Coordinator
- TFFF Giftware Coordinator
- TFFF Kids Zone Coordinator

P&C membership is required to hold any of these positions, which is $1

Minutes from P&C Meetings

The last minutes can be found http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes - (copy and paste this URL)

Membership
Membership is $1 and can be paid to our Treasurer - Emma Denniss, or President - Yvette Schweiger or myself, Sally Carr in between the times of meetings, (or by placing your $1 on an envelope with your name and contact details, and handed to the office staff) but members are not deemed financial until the close of the next general meeting.

Meeting Apologies
If you can not make a meeting apologies need to be emailed to sally@geecarr.net, no later than 9pm on the meeting evening, in order to be included in the apologies.

If you have any questions please contact me
Sally Carr
TPS P&C Secretary
Email - sally@geecarr.net

Uniforms Shop News
The Uniform Shop HOURS:
**Wednesday:** 8.30-9.15am.

Uniforms can also be purchased online via Flexischools. Go to [www.flexischools.com.au](http://www.flexischools.com.au) to register.

*Please refer to our school web site for uniform details.*


To buy or sell pre-loved Uniform items join our Facebook Group TPS – Pre-loved Uniforms. [https://facebook.com/groups/339332946170749/](https://facebook.com/groups/339332946170749/) (For Sale or for Free)

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**Tracksuits are here!**
**Short grey socks are here!**

**GIRLS SUMMER TUNICS**
We can only record and accept tunics with **substantially** pill ed fabric until the end of week 5, week ending Friday 15th August.

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**Local Business Support**

Here are two easy ways you can earn money for our school...

1) We have teamed up with our local **Aussie Farmers Direct** milkman to raise funds. Jump online to: AussieFarmers.com.au/Fundraisingoffer

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If you are already a customer you can link your account to Terrigal Public School by visiting: AussieFarmers.com.au/linkmyaccount OR Collect a $15 gift code from the office.

2) If you shop at **Ritchies IGA** supermarkets register (at no cost) for a Community Benefit card and link your account to Terrigal Public school, each time you shop show them your card and a percentage gets donated to the school.

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**School Banking Day Reminder**

Don’t forget that **TUESDAY** is School Banking day and students should bring in their weekly deposit.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour.

Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Thank you for supporting the School Banking program at Terrigal.
Your Canteen Needs You!

Terrigal Public School Canteen is run by a supervisor and a dedicated group of volunteers.

We are VERY low on volunteers, due to the circle of life and in need of new help!

We need your help!

Parents, Grandparents, Uncles and Aunties,

If you can spare a few hours once a month please consider volunteering your time, to ensure to our canteen can operate 5 days a week and continue this important service we offer the school community!

Information can be found at:
school office/Deslee at the canteen/call Virginia our great canteen committee.

Terrigal Public School 43844599 / Canteen Direct 43845322
Virginia Hunt 0418449853
Canteen Volunteers

Do you have some spare time & would you like to become a Canteen Helper?

Dear Parents, Grandparents, Uncles and Aunties,

Whatever thoughts you may have previously had about being a canteen volunteer, think again! Spend some time lending a hand and you will get to experience the awesome environment your children (grandchildren, nieces, nephews) are a part of.

The Canteen operates five days a week. Your decision to be a volunteer is greatly appreciated. With your continued support we can provide the school community a quality Canteen service, offering fresh and healthy foods at reasonable prices.

We are striving to serve more fresh and homemade goods, which has resulted in more children coming to the canteen. It is a pleasure for us to be able to cook for and serve both students and staff and we would love for you to be a part of this with us.

During your volunteering experience you will get to enjoy a coffee and light lunch, meet new people, including myself (Canteen Sub-Committee Manager) and Deslee James (Canteen Manager).

Having you at the canteen, even if it is only for a couple of hours can be very exciting for the children.

Virginia Hunt - 0418 449 853
Canteen Sub-Committee Manager

______________________________________________________________________________

Join our team of cheerful Canteen Helpers!

Please complete the form and return this section to the Canteen or SMS/call Virginia Hunt directly on 0418 449 853.

I would like to assist on the School Canteen roster as follows (please circle);

Monday Tuesday Wednesday Thursday Friday
Weekly Fortnightly Monthly Termly

Name: _____________________________________________________ Child’s Class ______________
Phone (h): ___________________________________ (m): ______________________________________
Email Address: ____________________________________________________________________________
Become a Surf Lifesaver today at WAMBERAL SLSC

DO YOU FIT THE FOLLOWING CRITERIA?

- Enjoy spending time on our beach
- Want to make some new friends and learn some new skills
- Want to give back to our local community
  (approximately 8 to 12 hrs per month during summer)
- Are you 15 years of age or older and can you swim 400m in the pool in under 9 mins
  (this is the basic test of fitness for being a life saver)
- Or already have a Bronze Medallion - from previous surf club involvement

Wamberal Surf Club needs YOU!

Becoming a surf lifesaver is a trained volunteer that patrols our beaches on the weekends. We undertake a number of roles including aquatic rescues, providing first aid and emergency care and providing surf safety information to the public. Becoming a surf lifesaver is satisfying, fun and rewarding. You can lead a fit and healthy lifestyle, become trained in aquatic safety skills, compete in surf sports and you may also help save someone’s life. All surf lifesavers are trained in a wide range of core skills including Surf Awareness, Rescue Techniques, First Aid and Beach Patrolling.

Registration & Open Days

Sunday 31st August & 14th September – 10am to 2pm

WSLSC Membership Fees - 15 to 17 years $70 - 18 years and over $85

CONTACT: Bruce Gould WSLSC – Club Captain for further information
0409605337 or brucegould@optusnet.com.au
Ph: 4385 2322 E: admin@wamberalsurfclub.com
Wyong Musical Theatre Company inc

These September school holidays Wyong Musical Theatre Company is presenting of ‘Disney, The Little Mermaid JR’ a live musical featuring a cast, aged 8 to 18 years of talented Central Coast children. The show comprises beautiful costumes, a moving music score, and delightful dance sequences telling the magical tail of Ariel’s longing to leave her ocean home to live in the world above. The show commences on Friday 19th September and concludes on Saturday 27th September, to be held at “The Grove Theatre” formally Wyong Grove Public School, 1 North Street, Wyong. Tickets are $20 per person discounts on group bookings of over ten people.

Show Times
Fri, 19 Sep 2014  7:30 PM
Sat, 20 Sep 2014  2:00 PM & 7:30 PM
Sun, 21 Sep 2014  2:00 PM
Tues, 23 Sep 2014  10:30 AM & 2:00 PM
Wed, 24 Sep 2014  10:30 AM
Thu, 25 Sep 2014  10:30 AM & 2:00 PM
Fri, 26 Sep 2014  7:30 PM
Sat, 27 Sep 2014  2:00 PM & 7:30 PM

Gosford Little Athletics Registration Dates 2014/2015

Friday 12th September and Friday 19th September between 6pm – 8pm
Adcock Park 9, West Gosford
Cost is $150 for 1st child, $115 for 2nd child, then $105 for 3rd onwards
Duel Registration with Senior Athletics is free
There is a $30 refundable Parent Assistance Levy/Bond per family
We do not have credit card facilities, so please have cash or cheque payable to
Gosford Little Athletics Centre Inc. Further information on our website
www.gosfordlittleathletics.com.au
or contact our President Stuart Farrant on 0404 466 848
Terrigal Surf Life Saving Club
2014-15 Registrations
Sundays 31 Aug, 7 and 21 September
9am – 11am

Club Open Day – Sunday 21 September 9am – 11am
Come along and see what we are about – information and demonstrations

Terrigal SLSC is a family oriented club with opportunities for all family members to join a great community service in a healthy environment. Our Nippers program (October – March) encourages participation and teaches vital surf and beach safety skills to all children aged 5-14yrs. Our lifesavers are dedicated and committed to community safety – we encourage you to join us. Enquiries - 4385 8933

Marni’s Studio of Performing Arts

* Studios @ Terrigal, Berkley Vale and Narara
* Classes are held at Terrigal Primary and Terrigal Scout Hall on Wednesday afternoons
* All ages welcome from Pre-School to High School
* Jazz, Contemporary, Hip-hop, Classical Ballet, Tap, boys only classes

Ph 43336232 or 0412700052 for more information

Nature’s Patch
The best in health and beauty products for you

We stock an extensive range of grocery items, weight loss, vitamins, supplements & general health & beauty products for the whole family (men, women and children) including a range of natural head lice treatments.

Shop 30,
Deepwater Plaza
Woy Woy NSW 2256
Phone:02 4341 9858
tarkcons@gmail.com

“Fine Food With A Musical Mood”

COOKIN’@ LIZOTHE’S RESTAURANT
2014-2015 SEASON JUNIOR REGISTRATION
AVOCA BEACH SURF CLUB

FRIDAY 12TH SEPTEMBER 4-8pm
SUNDAY 21ST SEPTEMBER 10am – 2pm
(THE BAR & BBQ WILL BE OPEN)

AT AVOCA BEACH SLSC, YOUR CHILD WILL LEARN INVALUABLE LIFE SAVING & SURF AWARENESS SKILLS & MAKE GREAT FRIENDS AT THE MOST SUCCESSFUL CLUB ON THE CENTRAL COAST.

WE LOOK FORWARD TO WELCOMING OLD MEMBERS & INVITE NEW MEMBERS TO AVOCA BEACH SLSC FOR ANOTHER FUN SEASON. THERE IS NO BETTER CLUB TO JOIN TO BE A PART OF DEVELOPING JUNIOR SURF LIFESAVERS. SEE YOU ON THE BEACH

CHEERS BOYS & GIRLS

PLEASE NOTE THAT EXISTING MEMBERS REGISTERING AFTER THESE DATES WILL INCUR A LATE REGISTRATION FEE OF $25 PER FAMILY
TRY BASEBALL DAY

CLUB:  Central Coast Baseball

LOCATION:  Baseball Park, Springfield

DATE:  Sunday 14 September  9-11am

COST:  FREE tshirt and BBQ

To register for this free event please email: info@centralcoastbaseball.com.au
walk to cure DIABETES 2014
SUNDAY 14 SEPTEMBER
Davistown to Kincumber
11am Start at Davistown Ferry Wharf, 6km waterfront pathway walk to Kincumber and return

Register Today!
Family & Friends Welcome!
For more information:
Margaret Sheridan - 0416 013 388
demail margaretsher@gmail.com

Arrive by ferry, bus or car to Davistown Waterfront
Dogs permitted along the walk route
Pram and wheelchair friendly
Join us at Davistown waterfront after the walk for a BBQ, face painting and loads more fun!