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POSTPONED!

New Date: Thursday, 18th September

The Stop-Motion Short film competition has been extended to Monday, 15th of September. Entries must be in by 5pm!

Pre-orders have been extended to Wednesday, 10th of September.
If you have already made a pre-order but can’t make the new movie night date of September 18, please contact the office for a refund.

Gates open 5:00 pm
Movie starts 5:45 pm

Rated PG. See ACCM website for more information.

Strictly a no alcohol or smoking event. Bags may be inspected upon entry. Parental supervision required for all students.
<table>
<thead>
<tr>
<th>MONTH</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>JULY</td>
<td>21</td>
<td>22</td>
<td>23 OC Test</td>
<td>24</td>
<td>25</td>
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<tr>
<td>JLY/AUG</td>
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<td>29</td>
<td>30 OC Test</td>
<td>31</td>
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<td>AUGUST</td>
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<td>SEPT</td>
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<td>SEPT</td>
<td>15</td>
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<td>17</td>
<td>18</td>
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</tr>
</tbody>
</table>

**JULY**

- **21**
- **22**
- **23 OC Test Boys Soccer**
- **24**
- **25**

**JULY/AUG**

- **28**
- **29**
- **30 Education Week Open Day**
- **31**
- **1**

**AUGUST**

- **4**
  - Paul Kelly Cup
- **5**
  - Touch Football Gala Day
- **6**
  - Aboriginal Performance Whole School
- **7**
  - Minibeast Video Conference

**AUGUST**

- **11**
  - Year 5 Interrelate
- **12**
  - University Exam Maths
- **13**
- **14**
  - Public Speaking Zone Basketball Gala Day
- **15**
  - Zone Athletics

**AUGUST**

- **18**
  - Year 5 Interrelate
- **19**
  - Choir Rehearsal and Performance Sydney
- **20**
  - Showcase
- **21**
  - Showcase
- **22**

**AUGUST**

- **25**
  - AFL State Finals
- **26**
- **27**
- **28**
  - Great Book Swap
- **29**

**SEPT**

- **1**
  - Life Education
- **2**
- **3**
- **4**
  - Fathers Day Stall Fathers Day Breakfast
- **5**

**SEPT**

- **8**
  - Life Education
  - P & C Meeting 7pm
- **9**
  - Sydney North Athletics
- **10**
  - Terrigals Got Talent Finals
  - Terrigals Got Talent Finals
- **11**
- **12**

**SEPT**

- **15**
  - Life Education
    - Stage 1 Walkabout Wildlife Park
    - Bush Camp
  - Stage 1 Walkabout Wildlife Park
- **16**
- **17**
  - K-2 Athletics Carnival Movie Night The Lego Movie
- **18**
  - LAST DAY OF TERM!
NAPLAN Results

For families, with students in Year 3 or Year 5, NAPLAN results will be sent home tomorrow (Friday). Results will indicate each student’s performance in Reading, Writing, Numeracy, Grammar and Punctuation.

Teachers will have access to the results from Monday and will be able to answer parent questions once they have had time to review the results.

THANKS TERRIGAL/WAMBERAL LIONS CLUB

Thank you to the Terrigal Wamberal Lions Club for their ongoing support. I had the pleasure of attending the Lions Club meeting this week and talk about our wonderful school.

Terrigal/Wamberal Lions had already donated $500 earlier in the year to support our Riding for the Disabled program for students from our support unit.

At the meeting on Tuesday night they donated another $1000 to support students with disabilities.

Terrigal/Wamberal Lions conduct the car boot markets at the Lion’s Park on the corner of Terrigal Drive and Willoughby Rd on the first Sunday of each month. It is through these markets that they are able to support our school. The next car boot market is this Sunday.

The Lions Club is also looking for new members to help carry out their important work. You can get more information by visiting their website:


MOVIE NIGHT

Unfortunately due to the soggy conditions on our oval we have had to postpone the movie night until Thursday 18th September.

For those that have pre-ordered, those orders will be automatically transferred to the 18th. If you are unable to attend on the 18th we will provide a refund.

FATHER’S DAY BREAKFAST, STALL & RAFFLE

Don’t forget the Father’s Day breakfast tomorrow morning. Come along for a bacon and egg roll.

The P & C will also be holding a raffle tomorrow morning with three great prizes. So buy a ticket as you enjoy your breakfast.

Also the P & C have their Father’s Day Stall tomorrow. Students who have donated a gift will be able to purchase a gift at the stall.

WELCOME HEALTHY HAROLD

Welcome to Healthy Harold and the crew from the Life Education Van. The van will be with us for the next couple of weeks.

Students that have accepted the opportunity to visit the van will meet Harold and his friends and learn a lot about healthy and safe living.
SEASONS FOR GROWTH PARENTS COURSE

Mrs Wilkinson is looking to run a course for parents that are supporting children through separation and divorce. The course will give parents an understanding of the emotions children may be experiencing and provide some strategies that may help children deal with change.

If you are interested please read the information sheet on the Notes and Forms section of our website or contact Mrs Wilkinson.


VOTE FOR OUR SCARECROW

Our environment team have entered a scarecrow in the Yarramalong Valley Spring Festival Scarecrow competition.

Our scarecrow is positioned outside Yarramalong Hall. It is a great drive out to Yarramalong to look at all the scarecrows if you are looking for something to do this weekend.

You can vote for our scarecrow by going to the following website:


Our scarecrow is number 14 – the Hawaiian surfer.

BOYS’ BASKETBALL

Unfortunately our boys’ basketball team lost their game last Friday. The boys played well but were knocked out of the competition.

Thanks to Mr Howes for coaching the boys and to parents for their support.

TERRIGAL’S GOT TALENT 2014

The finals of Terrigal’s Got Talent will be conducted next Wednesday with the winners announced on the day. There will be a repeat performance the next day.

We wish all contestants the best for their performances.

PUBLIC SPEAKING – REGIONAL FINALS

Unfortunately due the restructure of regions within the Department of Education and Communities there will not be any regional finals for public speaking.

This means that our students that attended the zone finals achieved the highest level possible and that Josiah, who won his section, is the champion public speaker for this area. Well done.

BOOK SWAP

Thank you to everyone that donated a book or bought a book at last week’s Book Swap. It was a great event that had many excited students keen to read the book they had bought.

Thanks to Miss Hoppe for her organisation of the event.

SYDNEY NORTH ATHLETICS

Next week we send a team of six students off to represent our school at the Sydney North Athletics Carnival. Unfortunately two of the representatives had to make the difficult decision to miss the Regional Athletics so they could attend the State basketball finals.

We wish our team of athletes all the best for the carnival.
PREMIER’S SPELLING BEE FINAL

Next week our representatives for the Premier’s Spelling Bee competition will compete in the Central Coast final.

We wish them well.

SWIM SCHOOL

A note regarding swim school will be sent home this week. The priority is for ALL students in Year 2 and the Support Unit to attend the swim school. Students in Years 3 – 6 that are unable to swim 50m will also be able to attend also, depending on available places.

Students will be placed in a group according to their current ability and provided with lessons to improve their swimming.

Swim school will be held early in Term 4.

SCHOOL DISCO – EARLY NOTICE

We have scheduled a disco for Tuesday 28th October.

BOYS’ FOOTBALL (SOCCER)

Our boys’ football team finally got their Round 4 game in last week but unfortunately were defeated.

Thanks to Mrs Cooper for her work with the boys. Thank you also to parents for providing transport and enthusiastic support.

TIN FOOD DRIVE

Don’t forget to bring along some tinned food for our appeal for CoastShelter. Cans can be dropped into the box in the school office.

K – 2 ATHLETICS (Reminder)

The K – 2 Athletics Carnival has been moved to Thursday 18th September.

TERM 4 DATES

Term 3 concludes on Friday 19th September.

Term 4 starts on Tuesday 7th October for students and staff. Monday 6th is a Public Holiday.

Term 4 concludes on Wednesday 17th December

Michael Burgess
Principal
SPARE CLOTHING FOR OFFICE

We are currently experiencing a shortage of boys shorts, sports shorts, boys underpants – small sizes and girls underpants – small and large sizes, to use as spares for children who may need to be changed through the day for eg. slipping in the mud etc. If anyone has any spares that your children may no longer be using we would greatly appreciate any donations to the office. Also if your child has been lent clothing from the office, could you please wash and return it as soon as possible. Thankyou

KINDERGARTEN 2015

Enrolments are now being taken for children starting Kindergarten in 2015.

Please see our School Office for an enrolment package. Thank you.

We would like to get as many enrolments in as we can.

Thankyou
Melissa McKay

JULIE’S CORNER

HOW TO SURVIVE YOUR PARENTS SPLITTING UP

Lots of parents breakup for different reasons.

Don’t blame yourself – it is not your fault.
Still show your love to both your parents,
you don’t need to take sides.

You won’t stay sad forever.
Sad things might happen, but the good things
will eventually overcome them.

It’s OK to ask questions to find out what is going on.
Find someone you trust that you can talk to,
talk about your feelings.

Be good to yourself.

School Banking Day Reminder

Don’t forget that TUESDAY is School Banking day and students should bring in their weekly deposit.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour.

Remember our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Thank you for supporting the School Banking program at Terrigal.

Julie
School Chaplin
# Canteen Roster

<table>
<thead>
<tr>
<th>Term 3 Week 8</th>
<th>Fri 5</th>
<th>Corrine Mulqueen, Mandy Williams, Naomi Wheeler</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 9</td>
<td>Mon 8</td>
<td>Kim Stamper, Joan Bailey</td>
</tr>
<tr>
<td></td>
<td>Tue 9</td>
<td>Virginia Hunt, Lisa Jarvis</td>
</tr>
<tr>
<td></td>
<td>Wed 10</td>
<td>Rachel Debono, Larissa Collins</td>
</tr>
<tr>
<td></td>
<td>Thurs 11</td>
<td>Aimee Garrett, Stacey Bromage</td>
</tr>
<tr>
<td></td>
<td>Fri 12</td>
<td>Glenys Drennan, Kerrie Melverton, Jennifer Hartley, Extra Volunteer Needed, Thankyou</td>
</tr>
<tr>
<td>Week 10</td>
<td>Mon 15</td>
<td>Linda McNaught, Louisa Coughlin</td>
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<td></td>
<td>Tues 16</td>
<td>Nicole Baker, Angela H</td>
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<tr>
<td></td>
<td>Wed 17</td>
<td>Carolyne O’Brien, Mel Pitcher</td>
</tr>
<tr>
<td></td>
<td>Thurs 18</td>
<td>Betty Lawson, Delores Buderium, Extra Help Needed, Thankyou</td>
</tr>
<tr>
<td></td>
<td>Fri 19</td>
<td>Cindy Wakeman, Rachel Nelson, Belinda Montague, Danielle McMillan</td>
</tr>
</tbody>
</table>

# Canteen News

Canteen is celebrating **“FRUIT & VEG MONTH’!!!**

During August and September

Try our **$5 Meal Deal**

“Picnic in a Pocket”

Available until the end of Term 3

***Billabongs are no longer available. The new product is called FAN DANGLES Choc or Pink and cost is $1.60

Please note: **FLEXISCHOOLS ORDERS MUST BE PLACED BEFORE 9AM**

Thankyou
Deslee Virginia
Canteen Supervisor P & C Committee Leader

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# Recess (at recess only)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pikelets</td>
<td>0.40</td>
</tr>
<tr>
<td>Fruit Pikelet</td>
<td>0.60</td>
</tr>
<tr>
<td>Finger Buns – Whole</td>
<td>2.00</td>
</tr>
<tr>
<td>Finger Buns – Half</td>
<td>1.00</td>
</tr>
<tr>
<td>Muffins (fruit, assorted varieties, GF available)</td>
<td>1.00</td>
</tr>
<tr>
<td>Half Cheese and Bacon Roll</td>
<td>1.00</td>
</tr>
<tr>
<td>⅓ Fairy Bread (limit of 4 quarters)</td>
<td>0.10</td>
</tr>
<tr>
<td>Muffin Melts (melted cheese/ham on ⅓ English muffin)</td>
<td>1.00</td>
</tr>
<tr>
<td>Rice Crackers &amp; cheese &amp; Carrot Slices</td>
<td>0.90</td>
</tr>
<tr>
<td>Fruit Salad &amp; Yoghurt Cup</td>
<td>1.50</td>
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<tr>
<td>Sliced Vegetables (carrot, cucumber, celery)</td>
<td>0.60</td>
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</table>

**JUST A REMINDER WHEN ORDERING... THESE ITEMS CAN ONLY BE ORDERED FOR RECESS. THANKYOU**
$5 MEAL DEAL
"PICNIC IN A POCKET"

- A Pocket Bread filled with Chicken or Ham with Salad (Lettuce, Tomato, Carrot)
- Flavoured OAT Milk (Chocolate, Strawberry, Banana)
- A crunchy delicious apple or banana
Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on the raising of funds within the community to assist in meeting the shortfall left after receiving assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area.

These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for the children to purchase these products during the school visit. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child’s name and class. This allows the educator to process orders efficiently and effectively. Orders will be returned by the conclusion of the visit.

<table>
<thead>
<tr>
<th>Product Description</th>
<th>Price Including GST</th>
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</thead>
<tbody>
<tr>
<td>Tattoo</td>
<td>$0.50</td>
</tr>
<tr>
<td>Harold Sticky Note Pad</td>
<td>$1.50</td>
</tr>
<tr>
<td>Harold Activity Bag</td>
<td>$3.00</td>
</tr>
<tr>
<td>Harold Keyring</td>
<td>N/A</td>
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</table>

<table>
<thead>
<tr>
<th>Product Description</th>
<th>Price Including GST</th>
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</thead>
<tbody>
<tr>
<td>Harold Hand Ball</td>
<td>$3.00</td>
</tr>
<tr>
<td>Harold Stationary Set</td>
<td>N/A</td>
</tr>
<tr>
<td>Small Harold Soft Toy</td>
<td>$8.00</td>
</tr>
<tr>
<td>Large Harold Soft Toy</td>
<td>$15.00</td>
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</tbody>
</table>

Note: Harold Products are subject to availability

If you would like to make a donation to Life Education (donations over $2.00 are tax deductible) or receive more information on Life Education NSW please telephone 02 9673 3222.

Life Education NSW thanks you for your support of the ideals of Life Education.

Visit Life Education at www.lifeeducation.org.au or www.healthyharold.org.au

Thankyou

Nicole Davies
Coordinating Teacher
Father’s Day Stall
Friday 5th September 2014

For those of you new to the school this is a fundraiser for the P&C that enables children to buy their Dad a gift for Father’s Day on the 5th September 2014.

How does it work?

If you want your child to purchase a gift on the day you need to donate a gift, (If your child is buying 2 presents you need to donate 2 gifts). This year to try and avoid disappointments, we are asking that your child please hand in their donations to their teachers, where they will mark down that your child has made a donation. It would be a great help to the volunteer wrappers, if you are able to wrap the present in clear cellophane.

IMPORTANT Please note: There will be NO Father’s Day box for donations in the office, if you wish to hand in a gift to the office, please hand it to the ladies at the front desk and leave your child’s name and class with them.

On Friday 5th September 2014, remember to give your child money to spend at the stall. We are hoping to price the gifts at $2, $5 & $10. Each class visits the stall (in the mezzanine) in turn to purchase their gifts and you get a nice surprise on Father’s Day!

If you are able to volunteer your time to help with the wrapping and sorting of the donations, or to help at the stall, helpers are needed on Thursday 4th September and Friday 5th September.

Please contact Sally Carr at sally@geecarr.net for further details.

In short

- Gifts wrapped in clear cellophane & given to the class teacher (there will be no box in the office)
- Remember to give your child money on Friday 5th September 2014.
- If you wish to help email sally@geecarr.net or leave your details at the office

The Father’s Day Stall is proudly brought to you by the great P&C Team at Terrigal Public School
Operation Christmas Child 2014

Let’s do it again!

Operate from our hearts and fill as many shoe boxes with small gifts as possible, for the children around the world, who would otherwise miss out at Christmas. We have 100 boxes in the school office ready to go, and more available if need be!

Operation Christmas Child is a unique project of Samaritan’s Purse that brings joy and hope to so many children in desperate situations around the world. In 2011, you generous people in Australia and New Zealand delivered over 600,000 gift-filled shoe boxes to South East Asia and the South Pacific. Globally, Samaritan’s Purse distributed an estimated 7.6 million shoe boxes to children in 105 countries.

Check “The Power of a Simple Gift-“ on Terrigal Public School Homepage.

Friends and family can be part of the Terrigal Public School contribution. Last year, my 25 year old asked me to bring home a box home, so he could fill it! A suggestion was made last year to collect everything and have a ‘shoe box working-bee’ to fill our boxes. So you could either:

- Pick up a box, go shopping with your child/ren for a certain age boy or girl, and pack lots of small, new, non-perishable gifts with your added love; or
- Deliver a pack of items when we have our weekly drive; or
- Make a financial donation toward the cost of delivery

Boxes are due back ASAP to put under our Christmas Tree, before ‘take-off’ in October. Hence:

Week 7: Please bring in ropes & writing utensils – skipping, elastics, hair ropes, ribbons, clips, friendship bands and bangles.
Week 8: Please bring in balls & toys – tennis balls, hand balls, super balls, marble bags, knuckles, travel games, card packs (and any other clever things you can think of to put in) Week 9: Things to wear & soft toys - socks, gloves, mittens, scarves, beanies, hats, visors, sunglasses, beads, bears, dolls,

Thank you in anticipation of our usual huge, generous response!

Organiser: Janice Wilkinson  Principal: Michael Burgess
Parent Invitation:

Seasons for Growth® Parent Program:
Supporting your child following separation and divorce

Terrigal Public School is delighted to be offering a new program for parents this term – the 'Seasons for Growth® Parent Program - Supporting your child following separation or divorce'.
Since 1999, Terrigal Public School has offered the highly successful Seasons for Growth® program for children and young people. For many years parents, whose children have participated in the Seasons for Growth® Young People's Program, have been asking 'Is there a program that can help parents, too'?

The Seasons for Growth® Parent Program has been developed to meet this need. The program provides an opportunity for you to reflect on the experience of separation and divorce from your child’s perspective, and to explore ideas and strategies that might help you support your child/ren through the changes happening in your family. This program is evidence based and the result of many years of research.

The Seasons for Growth® Parent Program: Supporting your child following separation or divorce is a small group program for 6-12 parents. It will be held over a two-week period - 2 hours per session.

The program will be held either during the school day (9am to 11am) and / or an evening course (6pm to 8pm). This program is for parents only.
The school will work with the Parents and Carers and provide availability for as many parents who are interested and wish to complete the workshop. This may mean running the course a number of times between now and the end of the year; and offering a mix of day time and evening workshops.

For more information and/or to express your interest in taking part in the 'Seasons for Growth® Parent Program', please fill in the slip below and return to our school office ASAP.

School Contact & Trained Facilitator
Janice Wilkinson
School Office: 43844599
Email: janice.wilkinson@det.nsw.edu.au

Principal
Michael Burgess

Name:
Child (Names and Classes):
My Best Contact:
I am interested in completing 'The Seasons for Growth Parent Program’ so that I am better equipped to understand and meet the needs of my children, in our current circumstances.
Please tick time most suitable – to complete both Session1 and Session 2:
☐ Daytime (9am – 11am) on a ___________________________ (day/s)
☐ Evening (6pm – 8pm) on a ___________________________ (day/s)

Signature: ___________________________ Date: ___________________________
Drum Roll Please........

Our new Coordinator’s for Terrigal Family Fun Fair 2015 are:
Belinda Tolman and Rachael Nelson

They can be reached on: TPSTFFF@gmail.com

Please email any questions you have or if you would like to put your hand up for a role.

Stalls will not be decided until classes for 2015 are out.
Stall Managers will be asked for in the first couple of weeks of 2015.

Other positions available at this time are:
- TFFF Secretary
- TFFF Treasurer
- TFFF Sponsorship Leader
- TFFF Publicity Coordinator
- TFFF Rides Coordinator
- TFFF Entertainment
- TFFF Food Coordinator
- TFFF Giftware Coordinator
- TFFF Kids Zone Coordinator

Father’s Day Raffle
Friday 5th September 2014

At the Father's Day Breakfast we have been lucky enough to have prizes donated to use for a raffle.

Bring along some extra coins to be in the running.

$2 a ticket or $3 for $5

Here is one of the prizes, donated by Mitre 10 – Kincumber http://www.mitre10.com.au/

**GATOR HD SPORTS ACTION CAMERA**
- 2" LCD touch panel.
- 3m waterproof.
- 720P video resolution.
- 5MP still image resolution.
- 4 x optical zoom.
- Includes accessories.
- 2 year warranty.

**GIFT FROM MISTRAL**
**Father’s Day Stall**  
**Friday 5th September 2014**

- Gifts wrapped in clear cellophane & given to the class teacher (there will be no box in the office)
- Remember to give your child money on Friday 5th September 2014.
- If you wish to help please come to the mezzanine after 12.30pm Thursday and after 8.30am Friday.

**Uniforms Shop News**

**The Uniform Shop HOURS:**  
**Wednesday:**  8.30-9.15am.

Uniforms can also be purchased online via Flexischools.  

*Please refer to our school web site for uniform details.*  

To buy or sell pre-loved Uniform items join our Facebook Group TPS – Pre-loved Uniforms.  
[https://facebook.com/groups/339332946170749/](https://facebook.com/groups/339332946170749/)

**NEW ……**

- New school jackets are here.  
- Grey ankle socks - $4 per pair

**Minutes from P&C Meetings**

The last minutes can be found [http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes](http://www.terrigal-p.schools.nsw.edu.au/parents-citizens/p-c-meeting-minutes) - (copy and paste this URL)

**Membership**

Membership is $1 and can be paid to our Treasurer - Emma Denniss, or President - Yvette Schweiger or myself, Sally Carr in between the times of meetings, (or by placing your $1 in an envelope with your name and contact details, and handed to the office staff) but members are not deemed financial until the close of the next general meeting.

**Meeting Apologies**

If you can not make a meeting apologies need to be emailed to sally@geecarr.net, no later than 9pm on the meeting evening, in order to be included in the apologies.

If you have any questions please contact me  
**Sally Carr**  
TPS P&C Secretary  
Email - sally@geecarr.net

**Local Business Support**

Here are two easy ways you can earn money for our school...

1) We have teamed up with our local Aussie Farmers Direct milkman to raise funds.  
Jump online to:  
If you are already a customer you can link your account to Terrigal Public School by visiting:  
OR Collect a $15 gift code from the office.

2) If you shop at Ritchies IGA supermarkets register (at no cost) for a Community Benefit card and link your account to Terrigal Public school, each time you shop show them your card and a percentage gets donated to the school.
Your Canteen Needs You!

Terrigal Public School Canteen is run by a supervisor and a dedicated group of volunteers.

We are VERY low on volunteers, due to the circle of life and in need of new help!

WE NEED YOUR HELP!

Parents, Grandparents, Uncles and Aunties,
If you can spare a few hours once a month please consider volunteering your time, to ensure our canteen can operate 5 days a week and continue this important service we offer the school community!

Information can be found at:
school office/Deslee at the canteen/call Virginia our great canteen committee.

Terrigal Public School 43844599 / Canteen Direct 43845322
Virginia Hunt 0418449853
Dear Parents, Grandparents, Uncles and Aunties,

Whatever thoughts you may have previously had about being a canteen volunteer, think again! Spend some time lending a hand and you will get to experience the awesome environment your children (grandchildren, nieces, nephews) are a part of.

The Canteen operates five days a week. Your decision to be a volunteer is greatly appreciated. With your continued support we can provide the school community a quality Canteen service, offering fresh and healthy foods at reasonable prices.

We are striving to serve more fresh and homemade goods, which has resulted in more children coming to the canteen. It is a pleasure for us to be able to cook for and serve both students and staff and we would love for you to be a part of this with us.

During your volunteering experience you will get to enjoy a coffee and light lunch, meet new people, including myself (Canteen Sub-Committee Manager) and Deslee James (Canteen Manager).

Having you at the canteen, even if it is only for a couple of hours can be very exciting for the children.

Virginia Hunt - 0418 449 853
Canteen Sub-Committee Manager

Join our team of cheerful CANTEEN HELPERS!

Please complete the form and return this section to the Canteen or SMS/call Virginia Hunt directly on 0418 449 853.

I would like to assist on the School Canteen roster as follows (please circle);

Monday  Tuesday  Wednesday  Thursday  Friday
Weekly  Fortnightly  Monthly  Termly

Name: ____________________________________________ Child’s Class ________________________
Phone (h): ____________________ (m): ____________________
Email Address: ____________________________________________
Become a Surf Lifesaver today at WAMBERAL SLSC

DO YOU FIT THE FOLLOWING CRITERIA?

- Enjoy spending time on our beach
- Want to make some new friends and learn some new skills
  - Want to give back to our local community
    (approximately 8 to 12 hrs per month during summer)
- Are you 15 years of age or older and can you swim 400m in the pool in under 9 mins
  (this is the basic test of fitness for being a life saver)
- Or already have a Bronze Medallion - from previous surf club involvement

Wamberal Surf Club needs YOU!

Becoming a surf lifesaver is a trained volunteer that patrols our beaches on the weekends. We undertake a number of roles including aquatic rescues, providing first aid and emergency care and providing surf safety information to the public. Becoming a surf lifesaver is satisfying, fun and rewarding. You can lead a fit and healthy lifestyle, become trained in aquatic safety skills, compete in surf sports and you may also help save someone’s life. All surf lifesavers are trained in a wide range of core skills including Surf Awareness, Rescue Techniques, First Aid and Beach Patrolling.

Registration & Open Days
Sunday 31st August & 14th September – 10am to 2pm

WSLSC Membership Fees - 15 to 17 years $70 - 18 years and over $85

CONTACT: Bruce Gould WSLSC – Club Captain for further information
0409605537 or brecgoultd@optusnet.com.au
Ph: 4385 2322 E: admin@wamberalsurfclub.com

Gosford Little Athletics Registration Dates 2014/2015

Friday 12th September and Friday 19th September between 6pm – 8pm
Adcock Park 9, West Gosford
Cost is $150 for 1st child, $115 for 2nd child, then $105 for 3rd onwards
Duel Registration with Senior Athletics is free
There is a $30 Refundable Parent Assistance Levy/Bond per family
We do not have credit card facilities, so please have cash or cheque payable to Gosford Little Athletics Centre Inc. Further information on our website www.gosfordlittleathletics.com.au
or contact our President Stuart Farrant on 0404 466 848
**HOLIDAY TENNIS CAMP**

Monday 22nd Sept - Friday 26th Sept.
9am till 12 noon

Join us for a great week of tennis fun.
* Suitable for all ages and abilities
* Only $30 per day!
* Make friends or bring some with you

Terrigal Tennis Club - Duffys RoadTerrigal
Bookings Essential call - 0404 277 462

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**Terrigal Surf Life Saving Club**

2014-15 Registrations
Sundays 31 Aug, 7 and 21 September
9am - 11am

Club Open Day - Sunday 29 September 9am - 11am
Come along and see what we are about - information and demonstrations

Terrigal SLSC is a family oriented club with opportunities for all family members to join a great community service in a healthy environment. Our Nippers program (October - March) encourages participation and teaches vital surf and beach safety skills to all children aged 5-14yrs. Our Lifesavers are dedicated and committed to community safety - we encourage you to join us. Enquiries - 4305 5933

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**COOKIN’@ LIZOTHE’S RESTAURANT**

FINE FOOD WITH A MUSICAL MOOD

“Fine Food With A Musical Mood”

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**Marni’s Studio of Performing Arts**

* Studios @ Terrigal, Berley Vale and Narara

* Classes are held at Terrigal Primary and Terrigal Scout Hall on Wednesday afternoons

* Classed are all ages welcome from Pre-School to High School

* Jazz, Contemporary, Hip-hop, Classical Ballet, Tap, boys only classes

Ph 43336232 or 0412700052 for more information

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Marni's.com.au
Celebrating 27 years on the coast
2014-2015 SEASON
JUNIOR REGISTRATION
AVOCA BEACH SURF CLUB

FRIDAY 12TH SEPTEMBER  1-8pm
SUNDAY 21ST SEPTEMBER  10am - 2pm
(The Bar & BBQ will be open)

At Avoca Beach SLSC, your child will learn invaluable life saving & surf awareness skills & make great friends at the most successful club on the Central Coast.

We look forward to welcoming old members & invite new members to Avoca Beach SLSC for another fun season. There is no better club to join to be a part of developing junior surf lifesavers. See you on the beach.

Cheers Boys & Girls

Please note that existing members registering after these dates will incur a late registration fee of $25 per family.
**ARCHERY (INDOOR)** – Get on target & challenge the kids with this great Olympic sport. 10am-12pm or 1pm-3pm

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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<tbody>
<tr>
<td>8-15 years</td>
<td>22 or 23 September, Gosford</td>
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<td>$20</td>
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**CANOEING/KAYAKING** – Experienced guides will ensure safety is the number one priority, followed closely by lots of fun. Participants must be able to swim 50 metres. 10am-12:30pm

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>10-16 years</td>
<td>26 September, Avoca Lagoon</td>
</tr>
<tr>
<td>$33</td>
<td></td>
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</table>

**CARES BICYCLE SAFETY** – Offered by Wyong Shire and Gosford City Councils, in conjunction with NSW Police, this program will develop your child’s road sense and set the foundation of road safety they need right through life, even when they start driving. Bicycles and helmets are provided. 9:30am-2pm (4.5 hours).

<table>
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<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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<tbody>
<tr>
<td>School grade 3-6 only</td>
<td>2 October, Palmdale</td>
</tr>
<tr>
<td>$10</td>
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</table>

**CIRCUS SKILLS** – Clown around! This action-packed workshop and, try riding a mini clown bike, spin a plate on a stick, use a flower stick, have a juggling lesson, walk the tight wire, and more! Learn to make your own balloon animal or flower to take home. – 10am-1pm (3 hours).

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>6-12 years</td>
<td>30 September, Niagara Park</td>
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<tr>
<td>$40</td>
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</table>

**CIRCUS AERIAL WORKSHOP** – Aerial skills are great fun and in this workshop you will get to have a go on the aerial hoop, the static trapeze and the silks. All participants will need to arrive on time to join in a warm-up and basic tumbling skills before participating in the aerial skills – 10am-11:30am (1.5 hours).

<table>
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<th>AGE+COST</th>
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<tbody>
<tr>
<td>8-16 years</td>
<td>30 September, Niagara Park</td>
</tr>
<tr>
<td>$31</td>
<td></td>
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**GYMNASTICS INTRODUCTION** – 2 day program. This introductory program includes basic fundamental movement and gymnastic skills will be taught which would include specific apparatus safety in a fun and friendly environment with accredited coaches. – 12pm-2pm (4 hours in total)

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>5-12 years</td>
<td>24 &amp; 25 September, Berkeley Vale</td>
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<tr>
<td>$30</td>
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</table>

**KIDS MULTI-SPORTS** – A great program for working parents and active kids. Central Coast Youth Club hosts this jam-packed day including trampolining, indoor hockey, indoor volleyball, soccer, wheelchair basketball and lots more. Price includes a sausage sizzle and an ice block for lunch. So don’t miss out on this brilliant, fun and great value for money day. Pre-bookings with payment essential! 9am-3pm (6 hours).

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-13 years</td>
<td>26 September or 2 October, Niagara Park</td>
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<tr>
<td>$27 first child, $22 for every other sibling</td>
<td></td>
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</tbody>
</table>

**SAILING** – 3 day program. Join in on the fun on the water and learn to sail. Catering for beginners to advanced, this program is taught by Yachting Australia instructors on dinghies. Participants must be able to swim 50 metres. 9:30am-3:30pm (18 hours in total).

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>7-16 years</td>
<td>24, 25 &amp; 26 September or 1, 2 &amp; 3 October, Gosford Sailing Club</td>
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<tr>
<td>$166</td>
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</tbody>
</table>

**STAND UP PADDLE** – It’s fun and easier than you think. Within just one lesson, we will have you up and paddling. This program is jam-packed with useful tips and techniques so you quickly gain skill and confidence. 10:30am-12:30pm.

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>11-16 years</td>
<td>1 October, Avoca Lagoon</td>
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<tr>
<td>$33</td>
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**SURF LIFE SAVING** – Kids will learn about beach and surf recreation whilst having loads of fun. 10am-2pm.

<table>
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<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>5-13 years</td>
<td>29 September, Terrigal Beach</td>
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<tr>
<td>$20</td>
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</table>

**SURFING** – Learn to surf with Central Coast Surf School in a fun, safe environment with professional experienced instructors. Soft surfboards, wetsuits, rash vests and sunscreen are supplied. You’ll be stoked with your progress in our 3-day course. 2pm-3:30pm (4.5 hours in total).

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>7-16 years</td>
<td>20, 21 &amp; 22 September (w/c); or 1, 2 &amp; 3 October, Umina Beach or 24, 25 &amp; 26 September, Avoca Beach</td>
</tr>
<tr>
<td>$95</td>
<td></td>
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</table>

**TENNIS WYONG** – 3 day program. This clinic caters for all levels. It covers all aspects of the game including court etiquette, technique and rules of the game. Play games, mini-tournament and a small party on the last day. 9am-11:30am (7.5 hours in total) & includes a small party on the last day.

<table>
<thead>
<tr>
<th>AGE+COST</th>
<th>DATE+LOCATION</th>
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</thead>
<tbody>
<tr>
<td>5-16 years</td>
<td>22, 23 &amp; 24 September, Wyong</td>
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<tr>
<td>$67 (third sibling free)</td>
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All program fees include GST. For other information on each program or bookings, please phone 02 4362 3184 or 13 13 02 or see www.dsr.nsw.gov.au
Fun Language Clubs for Kids

Send the Kids to Paris without the Airfares!!

The French Club
Terrigal Public School

ENROLLING NOW FOR 2015

Play-based programs: Games, songs, puppets, craft, drama/role-plays cooking & other fun activities to get your child using the language quickly and naturally!

Phone: 0430 286 590
E: nathalie.roy@lcfclubs.com.au
W: www.lcfclubs.com.au

Try Baseball Day

Central Coast Baseball

Club:

Baseball Park, Springfield

Location:

Sunday 14 September 9-11am

Date:

FREE tshirt and BBQ

Cost:

Can Saver Plus assist you with school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Geoff Hynd, your local Saver Plus Worker:

(02) 4333 8061 / 0428 282 900
or geoffrey.hynd@thesmithfamily.com.au

Saver Plus was developed by ABF and the Brotherhood of St Laurence and is delivered across the Central Coast by The Smith Family. The program is funded by ABF and the Australian Government.
Play Baseball!

Come and play baseball this summer with the **Lions Junior Baseball Club**. Seeking girls/boys for U8 - U16 teams!

Season starts October after school holidays and finishes March 2015. Training and games played on **Tuesdays U14/U16 and Wednesdays U8-U12 - 5-7pm** most games at Adcock Park, West Gosford.

Registrations for Lions Junior Baseball Club are being held on:

SAT 6 September 10am – 12.00noon at McDonalds, West Gosford
SAT 13 September 10am - 12.00 noon at McDonalds, West Gosford

**Uniform is provided free!**

Registrations call Megan Morgan on 4322 8230 or email [meganmorgan@smartchat.net.au](mailto:meganmorgan@smartchat.net.au)
School Holiday Workshops

Call Jo on 0466247716
treehouseartstudio@gmail.com

6KM WALK

walk to cure DIABETES 2014

SUNDAY 14 SEPTEMBER

Davistown to Kincumber
11am start at Davistown Ferry Wharf, 6km waterfront pathway walk to Kincumber and return

Register Today!
Arrive by ferry, bus or car to Davistown Waterfront

Family & Friends Welcome!
Dogs permitted along the walk route
Pram and wheelchair friendly

For more information:
Margaret Sheridan - 0416 013 388
email margaretshe@gmail.com

Join us at Davistown waterfront after the walk for a BBQ, face painting and loads more fun!
Become A Volunteer Host Family

Enrich Your Home With A WEP Exchange Student
World Education Program (WEP) is inviting Australian families to experience another culture within their own homes by becoming volunteer host families. Choose a student from Italy, Belgium, France, Switzerland, The Netherlands or South America and get a glimpse into the life of another culture without having to leave the comfort of your home! Our exchange students are just as excited about sharing their own culture and life experiences as they are about becoming a member of an Australian family.

Sylvia Kelly
Manager - Inbound Exchange Programs
Phone: 1300 884 733
Email: info@wep.org.au
Online: www.wep.org.au

Dodgers Junior Baseball Club
2014-2015 Summer Season
Registration

Dodgers Baseball Club has been fielding Senior and Junior teams on the Central Coast for over 50 years. We pride ourselves on being a family orientated club and many of our past juniors have worked their way up into our senior ranks.

We are currently looking for Junior Players in the Under 8, 10, 12 and 14 divisions, for the up and coming season.

Under 14 games are played on a Tuesday evening at around 5.30pm for one and a half hours, And the Under 8s, 10s and 12s play on Wednesday night at the same time.

Playing venues vary from Adcock Park- West Gosford to Mingara and occasionally Watanobbi.

Our Registration days will be held at Adcock Park on Saturday 13th and 20th of September between 10am to 11am.

Bring a glove if you have one for a throw

All enquiries can be directed to Jim Reardon on 0410 46 5551 or at reardonsranch@gmail.com

You can also look up our club on Facebook https://www.facebook.com/dodgersbaseballclub/info